

ONE-PAN CHICKEN SAUSAGE ORZO

with Lemony Yellow Squash Ribbons



HELLO -

YELLOW SQUASH

This tender, lemon-hued zucchini is particularly delicious when eaten raw.





Lemons







Italian Seasoning





Orzo Pasta (Contains: Wheat)



PREP: 10 MIN TOTAL: 35 MIN CALORIES: 850

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Yellow Squash

Tomato Paste

START STRONG

Feeling speedy? Feel free to boil your orzo in a large pot of salted water while you prep your ingredients in step 1. When the time comes in step 5 to bring it all together, skip the extra water and stir your cooked orzo directly into your melted butter.

BUST OUT

- Peeler
- Medium bowl
- Whisk
- Large pan
- Large bowl
- Olive oil (5 tsp)
- Butter (4 TBSP)

INGREDIENTS

Ingredient 4-person

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Yellow Onions	2
• Scallions	4
• Lemons	2
Yellow Squash	2
Italian Chicken Sausage Mix	18 oz
Italian Seasoning	2 tsp
Orzo Pasta	12 oz
Tomato Paste	3 TBSP
Cream Cheese	6 TBSP

* Chicken Sausage is fully cooked when internal temperature reaches 165 degrees.

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.





PREP Wash and dry all produce. Halve, peel, and finely dice onions. Trim and thinly slice **scallions**, separating whites from greens. Halve one lemon; quarter the other. Trim yellow squash. Using a peeler, shave squash lengthwise into ribbons, rotating until you get to the seedy core; finely dice core.



MARINATE SOUASH In a medium bowl, whisk together a drizzle of **olive oil** and the juice from lemon halves. Toss in squash ribbons. Season with salt and pepper. Let marinate, tossing occasionally.



COOK SAUSAGE Heat a large drizzle of olive oil in a large pan over medium-high heat. Add sausage and half the Italian Seasoning. Cook, breaking up meat into pieces, until browned and cooked through, 5-7 minutes. Turn off heat; transfer to a large bowl.



COOK VEGGIES Heat another large drizzle of olive oil in same pan over medium-high heat. Add onions, scallion whites, and diced squash. Cook, stirring, until softened, 5-7 minutes. Season with salt and pepper. Turn off heat; transfer to bowl with sausage.



COOK ORZO Melt 2 TBSP butter in same pan over medium-high heat. Stir in orzo until coated. Cook until lightly toasted, 2-3 minutes. Pour in 5 cups water; bring to a boil. Once boiling, reduce heat to medium low and simmer, stirring occasionally, until orzo is al dente, about 10 minutes. Reduce heat to low. Stir in tomato paste, cream cheese, and remaining Italian Seasoning until thoroughly combined. Season with salt and pepper.



FINISH AND SERVE Return sausage and veggies to pan with 2 TBSP butter. Stir until butter has melted. Season with salt and pepper. Divide between plates. Top with squash ribbons (or serve them on the side for picky eaters). Garnish with scallion greens. Serve with lemon wedges on the side for squeezing over.



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SPICE IT UP

For an extra kick, sprinkle your finished dish with a pinch of chili flakes.

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