

Roasted Eggplant & Sun-Dried Tomato Pasta



Sun-dried tomatoes are the secret to sweet, rich tomato flavor without hours of stovetop simmering. Adding roasted eggplant into the sauce deepens the richness even further. Make sure to season the sauce at every step of the way for intense layers of flavor!











Eggplant



Linguine







Sun-Dried Tomatoes







Ingredients		2 People	4 People	*Not Included	n_
Eggplant		1	2	Allergens 1) Wheat	Ruler Oin ¼in ½in ¾in 1
Linguine	1)	6 oz	12 oz		
Garlic		2 cloves	4 cloves		
Onion		1	2		
Parsley		1 bunch	2 bunches	Tools	
Sun-Dried Tomatoes		1 ½ oz	3 oz		
Chili Flakes		1 t	2 t	Pot, Strainer,	
Diced Tomatoes		1 can	2 cans	Baking Sheet,	
Olive Oil*		2 T	4 T		





- Preheat oven to 400 degrees. Bring a large pot of water to a boil with a large pinch of salt. Finely dice the onion. Thinly slice the sun-dried tomatoes. Mince the parsley and garlic. Cut the eggplant into ½-inch cubes
- In a bowl, toss the eggplant with 1 tablespoon olive oil, salt and pepper to taste. Transfer to a baking sheet and cook the oven for around 15 minutes, or until it's soft and slightly crispy around the edges.

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- Heat 1 tablespoon olive oil in a pan over medium heat. Add the garlic, onion, sun-dried tomato, and as many chili flakes as you dare! Cook for about 5 minutes, until the onion is softened.
- Add the canned tomatoes and season with salt and pepper. Simmer over medium-low heat for around 10 minutes.



- 5 Cook your pasta in the boiling water for about 10 minutes, or until the al dente.
- Once the sauce has thickened, stir in the eggplant. Drain the pasta and toss it in the pan with the sauce.
- Serve the pasta with a sprinkle of the parsley on top.

