

INGREDIENTS

2 PERSON | 4 PERSON



1/2 Cup | 1 Cup



Jasmine Rice



Bell Pepper*



6 oz | 12 oz Green Beans



1 Thumb | 2 Thumbs Shallot Ginger



Lime



¼ oz | ½ oz Cilantro



1TBSP | 1TBSP Curry Powder



Coconut Milk **Contains: Tree Nuts**



1 oz | 2 oz Sweet Thai Chili



Veggie Stock Concentrate



½ oz | 1 oz Peanuts **Contains: Peanuts**



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

*The ingredient you received may be a different color.

**In our ongoing effort toward sustainability, we're working on reducing plastic in your order! You may have received 4 servings of protein in one package rest assured it contains the correct amount.



HelloCustom

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.







10 oz | **20 oz** Ground Turkey





VEGAN THAI GINGER CURRY

with Creamy Coconut Veggies, Peanuts & Lime Rice



PREP: 10 MIN COOK: 30 MIN CALORIES: 610



HELLO

SWEET THAI CHILI SAUCE

Bringing spicy, sweet, and umami flavor to a creamy curry

SHAKE IT UP

Shake your coconut milk before opening and adding to the pan in step 4. The fridge may have caused the cream to solidify.

BUST OUT

- Small pot
- Medium pan
- Zester
- Kosher salt
- Cooking oil (4 tsp | 4 tsp)
 (1 tsp | 1 tsp)
- Sugar (1 tsp | 2 tsp)

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cook, the bigger the rewards!

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- Ground Beef is fully cooked when internal temperature reaches 160°.
- *Ground Turkey is fully cooked when internal temperature reaches 165°.



1 COOK RICE

- In a small pot, combine rice, ¾ cup water (1½ cups for 4 servings), and a pinch of salt. Bring to a boil, then cover and reduce to a low simmer.
 Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to serve.



2 PREP

- While rice cooks, wash and dry produce.
- Core, deseed, and dice bell pepper into ½-inch pieces. Trim green beans if necessary; cut crosswise into 1-inch pieces. Halve, peel, and mince shallot. Peel and grate or mince ginger. Zest and quarter lime. Finely chop cilantro.
- Heat a drizzle of oil in a medium pan over medium-high heat. Add beef* or turkey* and cook, breaking up meat into pieces, until cooked through, 3-5 minutes. Turn off heat; transfer to a plate. Wipe out pan.



- Heat a large drizzle of oil in a medium pan over medium-high heat (use a large pan for 4 servings). Add bell pepper, green beans, and a big pinch of salt. Cook, stirring occasionally, until veggies are slightly softened and lightly charred, 4-6 minutes.
- Use pan used for beef or turkey here.



4 START CURRY

- Add another large drizzle of oil to pan with veggies; stir in shallot, ginger, and half the curry powder (all for 4 servings). Cook, stirring constantly, until fragrant, 1 minute.
- Add coconut milk. (TIP: Thoroughly shake coconut milk in container before opening.) Stir in chili sauce, stock concentrate, juice from half the lime, and 1 tsp sugar (2 tsp for 4). Bring to a simmer, then reduce heat to medium low.



5 FINISH CURRY

- Simmer curry until sauce has thickened and veggies are tender, 4-6 minutes
- Stir in half the cilantro. Taste and season with salt and more lime juice if desired. Turn off heat.
- Add beef or turkey along with half the cilantro



6 FINISH & SERVE

- Roughly chop **peanuts**.
- Fluff rice with a fork: stir in lime zest.
- Divide rice between shallow bowls or plates and top with curry. Garnish with peanuts and remaining cilantro. Serve any remaining lime wedges on the side.