





Shrimp

2



10 oz 20 oz 🕒 Chicken Breast Strips

G Calories: 940

G Calories: 890

HOISIN SWEET POTATO & MUSHROOM BOWLS

with Ginger Rice & Sriracha Soy Mayo



PREP: 10 MIN COOK: 35 MIN CALORIES: 740



HELLO

HOISIN SAUCE

Sweet and tangy with a barbecue-like kick

LINE IT UP

To minimize cleanup, line your baking sheet with aluminum foil before adding the hoisincoated veggies in step 3.

BUST OUT

- Small pot
 Small bowl
- Medium bowl Paper towels 🕏 😔
- Baking sheet Large pan 😉 😔
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp) (1 tsp | 1 tsp) (9 (9)
- Butter (1 TBSP | 2 TBSP)
 Contains: Milk

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Shrimp are fully cooked when internal temperature reaches 145°.

*Chicken is fully cooked when internal temperature reaches 165°.



1 PREP

- Adjust rack to top position (top and middle positions for 4 servings) and preheat oven to 425 degrees. Wash and dry produce.
- Trim and thinly slice scallions, separating whites from greens. Peel and mince or grate ginger. Dice sweet potato into ½-inch pieces. Trim and quarter mushrooms. Core, deseed, and dice bell pepper into ½-inch pieces.



2 COOK RICE

- Melt 1 TBSP butter (2 TBSP for 4 servings) in a small pot over medium-high heat. Add scallion whites and 1 TBSP ginger (2 TBSP for 4); cook, stirring, until fragrant, 1 minute.
- Stir in **rice**, **1**¼ **cups water** (2¼ **cups for 4**), and a **pinch of salt**. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to serve.



3 START VEGGIES

- While rice cooks, in a medium bowl, toss sweet potato and mushrooms with a drizzle of oil, half the hoisin (you'll use the rest later), salt, and pepper. Spread out on one side of a baking sheet.
- Toss bell pepper on empty side with a drizzle of oil, salt, and pepper. (For 4 servings, use 2 sheets; roast sweet potato and mushrooms on top rack and bell pepper on middle rack.)
- Roast on top rack until just tender, 15 minutes (veggies will finish cooking in step 5).
- Sinse shrimp* under cold water. Pat
 shrimp or chicken* dry with paper towels; season with salt and pepper. Heat a drizzle of oil in a large pan over mediumhigh heat. Add shrimp or chicken; cook, stirring occasionally, until cooked through, 4-6 minutes.



6 FINISH & SERVE

- Fluff rice with a fork; season with salt.
- Divide rice between bowls. Top with sweet potato, mushrooms, and bell pepper.
 Drizzle with as much Sriracha soy mayo as you like. Garnish with scallion greens and remaining sesame seeds. Serve.
- WK 31-45



4 MAKE SRIRACHA SOY MAYO

 While veggies roast, in a small bowl, combine mayonnaise, sour cream, soy sauce, and as much Sriracha as you like. TIP: Start with half the Sriracha, then taste and add more from there if you like things spicy.

Return to oven until veggies are tender and glaze is tacky, 5-8 minutes more. Once veggies are tender and glaze is

Once veggies have roasted 15 minutes,

remove sheet with sweet potato and

remove sheet from oven. (For 4 servings.

mushrooms; leave bell pepper roasting.)

Using a spatula, toss sweet potato and

mushrooms with remaining hoisin and

5 FINISH VEGGIES

half the sesame seeds.

 Once veggies are tender and glaze is
 tacky, carefully add shrimp or chicken to sheet and toss to combine.