





5

SESAME SOY BEEF BOWLS

with Jasmine Rice, Sriracha Mayo & Crispy Fried Onions



PREP: 5 MIN COOK: 20 MIN CALORIES: 1110

5



HELLO

SESAME SOY BEEF

Sweet soy glaze and nutty sesame dressing mingle here for a savory sensation.

DIVIDE & CONQUER

Why separate scallion whites from greens? The whites are firmer and more oniony-better for cooking; the greens are mild and tender, perfect for a garnish.

BUST OUT

- Small pot • Large pan

- Small bowl
- Kosher salt
- Black pepper
- Cooking oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP) Contains: Milk

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- In a small pot, combine rice, 1¼ cups water (2¼ cups for 4 servings), and a pinch of salt. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender. 15-18 minutes.
- Keep covered off heat until ready to serve.
- 😭 Swap in brown rice for jasmine rice. Use 1¾ cups water (31/2 cups for 4) and a pinch of salt; cook until tender, 20-25 minutes. (Save jasmine rice for another use.)



2 PREP & MIX MAYO

- While rice cooks, wash and dry produce. Trim and thinly slice scallions, separating whites from greens.
- In a small bowl, combine **mayonnaise** with Sriracha to taste



- Heat a **drizzle of oil** in a large pan over medium-high heat. Add beef* and a big pinch of salt. Cook, breaking up meat into pieces, until browned, 3-4 minutes.
- Stir in cabbage and carrot mix, scallion whites, sweet soy glaze, and sesame dressing. Cook until veggies are softened, beef is cooked through, and sauce has thickened, 2-4 minutes more. Taste and season with salt and pepper.



4 FINISH & SERVE

- Fluff rice with a fork; stir in 1 TBSP butter (2 TBSP for 4 servings). Season with salt and pepper.
- Divide rice between bowls. Top with beef mixture and any remaining sauce from pan. Drizzle with Sriracha mayo. Sprinkle with crispy fried onions and scallion areens. Serve.