



# PASTA PRIMAVERA

with Lemon Parm Sauce, Bell Pepper, Zucchini & Peas

## INGREDIENTS

2 PERSON | 4 PERSON



1 | 2  
Bell Pepper\*



1 | 2  
Zucchini\*



2 | 4  
Scallions



1 | 1  
Lemon



6 oz | 12 oz  
Penne Pasta  
Contains: Wheat



1 TBSP | 1 TBSP  
Tuscan Heat  
Spice



4 oz | 8 oz  
Cream Sauce Base  
Contains: Milk



2 TBSP | 4 TBSP  
Crème Fraîche  
Contains: Milk



1 | 2  
Veggie Stock  
Concentrate



4 oz | 4 oz  
Peas



3 TBSP | 6 TBSP  
Parmesan Cheese  
Contains: Milk



ANY ISSUES WITH YOUR ORDER?  
WE'D BE SIMMERING LIKE STEW OVER  
THERE TOO. SCAN HERE TO GET HELP!

\*The ingredient you received may be a different color.



## HelloCustom

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



10 oz | 20 oz  
Shrimp  
Contains: Shellfish  
Calories: 880



10 oz | 20 oz  
Chopped Chicken  
Breast  
Calories: 930



PREP: 10 MIN | COOK: 30 MIN | CALORIES: 740



HELLO







## HALL OF FAME

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!

## YOU'RE THE ZEST

We like using a microplane for zesting, but if you don't have one, use a peeler to remove just the yellow surface layer from the lemon, then mince it.

## BUST OUT

- Large pot
  - Whisk
  - Zester
  - Paper towels  
  - Baking sheet
  - Large pan  
  - Strainer
- 
- Kosher salt
  - Black pepper
  - Cooking oil (1 tsp | 1 tsp)  
(1 tsp | 1 tsp)  
  - Olive oil (1 tsp | 1 tsp)
  - Butter (1 TBSP | 2 TBSP)  
Contains: Milk

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### 1 PREP

- Adjust rack to top position and preheat oven to 450 degrees. Bring a large pot of **salted water** to a boil. **Wash and dry produce.**
- Halve, core, and thinly slice **bell pepper**. Trim and halve **zucchini** lengthwise; slice crosswise into ½-inch-thick half-moons. Trim and thinly slice **scallions**, separating whites from greens. Zest and quarter **lemon**.





### 4 MAKE SAUCE

- Heat a **drizzle of olive oil** in pot used for pasta over medium heat. Add **scallion whites** and **1 tsp Tuscan Heat Spice** (2 tsp for 4 servings); cook, stirring, 1 minute. **(Be sure to measure the Tuscan Heat Spice; we sent more.)**
- Whisk in **cream sauce base**, **stock concentrate**, and **¼ cup reserved pasta cooking water** (½ cup for 4). Cook, whisking, until slightly thickened, 2-3 minutes.
- Reduce heat to medium low and whisk in **crème fraiche** until smooth.



### 2 ROAST VEGGIES

- Toss **bell pepper** and **zucchini** on a baking sheet with a **drizzle of oil**, **salt**, and **pepper**. Roast on top rack until tender and lightly charred, 15-18 minutes.
-  While veggies roast, rinse **shrimp\*** under  cold water. Pat shrimp or **chicken\*** dry with paper towels; season with **salt** and **pepper**. Heat a **drizzle of oil** in a large pan over medium-high heat. Add shrimp or chicken in a single layer; cook, stirring occasionally, until cooked through, 4-6 minutes. Transfer to a plate.



### 5 TOSS PASTA

- Add drained **penne**, **peas**, **half the Parmesan** (**save the rest for serving**), **half the lemon zest**, **1 TBSP butter** (2 TBSP for 4 servings), and a **big squeeze of lemon juice** to pot with **sauce**. Cook, stirring, until butter has melted and penne is coated in a creamy sauce. **TIP: If needed, stir in more reserved pasta cooking water a splash at a time.**
- Stir in **roasted veggies**. Taste and season with **salt** and **pepper**. Add more lemon zest or lemon juice if you like. **TIP: For an extra-rich experience, stir in another 1 TBSP butter** (2 TBSP for 4).

-  Stir in **shrimp** or **chicken** along with  **roasted veggies**.




### 3 COOK PASTA


- Once water is boiling, add **penne** to pot. Cook, stirring occasionally, until al dente, 9-11 minutes.
- Reserve **1½ cups pasta cooking water** (2 cups for 4 servings), then drain. **(Keep empty pot handy for next step.)**



### 6 SERVE

- Divide **pasta** between plates or shallow bowls. Top with **scallion greens** and **remaining Parmesan**. Serve with any **remaining lemon wedges** on the side.

 \*Shrimp are fully cooked when internal temperature reaches 145°.

 \*Chicken is fully cooked when internal temperature reaches 165°.