



10 oz | 20 oz Ground Beef\*\*

🔄 Calories: 1160

# **BBQ CHEDDAR TURKEY BURGERS**

with Crispy Fried Onions & Creamy Coleslaw



PREP: 5 MIN COOK: 20 MIN CALORIES: 1020

25



# HELLO

### SWEET AND SMOKY **BBO SEASONING**

A flavorful blend of smoked paprika, mustard, cumin. and ginger

# **COVER STORY**

If your pan doesn't have a lid, use foil or a baking sheet to cover it. This helps the cheese melt quickly without overcooking the burgers.

# **BUST OUT**

- 2 Medium Small bowl bowls Whisk
- Large pan
- Kosher salt

reaches 160°

- Black pepper
- Cooking oil (1 tsp | 1 tsp)
- Sugar (½ tsp | 1 tsp)

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\*Ground Turkey is fully cooked when internal temperature reaches 165° 🚓 \*Ground Beef is fully cooked when internal temperature



- In a medium bowl, combine **turkey**\*, **panko**, **stock** concentrate, 1 TBSP water, and 1/2 TBSP BBQ Seasoning (you'll use more later). (For 4 servings, use 2 TBSP water and 1 TBSP BBQ Seasoning.) Season with salt (we used 3/4 tsp; 11/2 tsp for 4) and pepper.
- Form mixture into two patties (four patties for 4), each slightly wider than a burger bun.

🚓 Swap in **beef**\* for turkey.



- Heat a drizzle of oil in a large pan over medium heat. Add **patties** and cook until browned and cooked through. 4-7 minutes per side.
- In the last 1-2 minutes of cooking, top each patty with a slice of cheddar. Cover pan until cheese melts.
- Cook beef patties to desired doneness, 3-5 minutes per side. Cook through rest of step as instructed.



# **3 MAKE SAUCE & COLESLAW**

- While patties cook, in a small bowl, combine ketchup, half the mayonnaise, and 1 tsp BBQ Seasoning (2 tsp for 4 servings) (Be sure to measure the BBQ Seasoning-we sent more!)
- In a second medium bowl, whisk together half the vinegar, remaining mayonnaise, and 1/2 tsp sugar (all the vinegar and 1 tsp sugar for 4). Add coleslaw mix and season with salt and pepper; toss to combine.



# **4 FINISH & SERVE**

- Halve and toast buns.
- Spread cut sides of buns with as much **sauce** as you like. Fill buns with patties and crispy fried onions.
- Divide **burgers** between plates; serve with **coleslaw** on the side.

WK 14-25