



**HELLO  
FRESH**

## INGREDIENTS

2 PERSON | 4 PERSON



**4 Slices | 8 Slices**  
Sourdough Bread  
Contains: Soy, Wheat



**1 | 1**  
Long Green  
Pepper



**1 | 2**  
Tomato



**16 oz | 16 oz**  
Refried Black  
Beans



**½ Cup | 1 Cup**  
Guacamole



**½ Cup | 1 Cup**  
Cheddar Cheese  
Contains: Milk



**3 TBSP | 6 TBSP**  
Sour Cream  
Contains: Milk



**1 tsp | 2 tsp**  
Hot Sauce



**✓ READY, SET,  
LUNCH!**



ANY ISSUES WITH  
YOUR ORDER?  
SCAN HERE TO  
GET HELP!

**TOTAL TIME: 10 MIN | CALORIES: 640**



### BUST OUT

- Can opener
- Black pepper
- Kosher salt

### SEVENTH HEAVEN

A *toast* to all the remote workers—this meal's for you! Office friends: Don't try to bring this to work open-faced. We recommend making a dip sandwich instead.

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## 7-LAYER DIP AVOCADO TOASTS

with Tomato, Refried Black Beans & Cheddar

### INSTRUCTIONS

- Toast **bread** until golden brown.
- While bread is toasting, **wash and dry produce**.
- Thinly slice **tomato** into rounds; season with **salt and pepper**. Core, deseed, and dice **half the green pepper** (**whole pepper for 4 servings**) into ¼-inch pieces.
- Place **toasted bread** on a clean work surface. Top with **half the refried beans** (**all for 4 servings**), then layer with **guacamole, tomato, green pepper, cheddar**, and **sour cream**. Drizzle with as much **hot sauce** as you like.
- Divide **toasts** between plates and serve.