

HALL OF FAME

BAKED CHICKEN PARMESAN

with DIY Marinara, Fresh Mozzarella, and Rigatoni



HELLO HALL OF FAME

Meet one of our all-star recipes: a tried-and-true family favorite chosen by home cooks like you!



Garlic



Parmesan Cheese Grape Tomatoes







Rigatoni Pasta



Panko Breadcrumbs (Contains: Wheat)



Crushed Tomatoes





Italian Seasoning Fresh Mozzarella

(Contains: Milk)

PREP: 10 MIN TOTAL: 40 MIN

CALORIES: 800

Chicken Breasts

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START STRONG

Kids can help with putting together the crust and breading the chicken. Just make sure they wash their hands thoroughly after touching the meat.

BUST OUT

- Large pot
- Small bowl
- Baking sheet
- Large pan
- Strainer
- Olive oil (4 tsp)

INGREDIENTS

Ingredient 4-person

• Garlic	4 Cloves
Panko Breadcrumbs	½ Cup
Parmesan Cheese	½ Cup
Chicken Breasts	24 oz
Grape Tomatoes	8 oz
Crushed Tomatoes	27.52 oz
Onion Powder	1 TBSP
Italian Seasoning	2 tsp
Rigatoni Pasta	12 oz
Fresh Mozzarella	4 oz

HELLO WINE



PAIR WITH

Maison Bonheur Beaujolais, 2016

HelloFresh.com/Wine





PREHEAT AND PREP
Wash and dry all produce. Adjust
rack to upper position and preheat
oven to 450 degrees. Bring a large pot
of salted water to a boil. Thinly slice
garlic. In a small bowl, combine panko,
Parmesan, and a drizzle of olive oil.



Once water is boiling, add **rigatoni** to pot. Cook, stirring occasionally, until al dente, 9-11 minutes. Drain.



2 BAKE CHICKEN AND TOMATOES

Place **chicken** on a lightly oiled baking sheet. Season all over with **salt** and **pepper**. Top chicken with **panko mixture**, pressing to adhere. Add **grape tomatoes** to same sheet and toss with a drizzle of **olive oil** and a pinch of salt and pepper. Bake in oven until chicken is cooked through and tomatoes are softened, about 15 minutes.



Once chicken and grape tomatoes are done baking, transfer both to pan, laying on top of sauce. (TIP: If your pan isn't ovenproof, transfer sauce to a small baking dish first.) Tear mozzarella into small pieces and scatter over pan. Transfer pan to oven and bake until mozzarella melts, about 2 minutes.



Heat a drizzle of olive oil in a large pan over medium heat (use an ovenproof pan if you have one). Add garlic to pan and cook until just starting to brown, about 2 minutes. Stir in crushed tomatoes, onion powder, and 2 tsp Italian seasoning (we sent more). Season with salt and pepper. Simmer, stirring occasionally, until thickened, about 10 minutes.



PLATE AND SERVE
Divide rigatoni between plates,
then top with chicken, tomatoes,
mozzarella, and sauce from pan and
serve.

FRESH TALK

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