



HELLO -**BALSAMIC FIG SAUCE**

A new kind of sweet 'n' sour sauce with vinegary tang and jammy fruit flavor





Shallot

Rosemary Potatoes

Balsamic Vinegar



Chicken Stock Concentrate



Chicken Breasts Fig Jam

Broccoli Florets

46.1 BALSAMIC FIG CHICKEN_NJ.indd 1

START STRONG

Wanna know the secret to extratoasty roasted potatoes? Put your baking sheet in the oven before preheating it. The spuds will sizzle when they hit that hot surface.

BUST OUT

- 2 Baking sheets Kosher salt
- Zester
 Black pepper
- Paper towels
- Large pan
- Olive oil (1 TBSP | 1 TBSP)
- Vegetable oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

Ingredient 2-person 4-person	
Yukon Gold Potatoes	5 12 oz 24 oz
• Shallot	1 2
Rosemary	¼ oz ¼ oz
• Lemon	1 1
Broccoli Florets	8 oz 16 oz
 Chicken Breasts* 	12 oz 24 oz
Balsamic Vinegar	5 tsp 10 tsp
• Fig Jam	2 TBSP 4 TBSP
Chicken Stock Concentrate	

* Chicken is fully cooked when internal temperature reaches 165 degrees.







ROAST POTATOES

Adjust racks to top and middle positions and preheat oven to 450 degrees. Wash and dry all produce. Dice potatoes into ½-inch pieces. Toss on a baking sheet with a drizzle of olive oil, salt, and pepper. Roast on top rack, tossing halfway through, until browned and tender, 22-25 minutes.



MAKE SAUCE To same pan over medium heat, add **shallot, chopped rosemary**, and a drizzle of **olive oil**. Cook, stirring, until softened, 2-3 minutes. Stir in **vinegar** and **jam**. Simmer until syrupy, 30-60 seconds. Stir in **stock concentrate** and ¼ **cup water** (⅓ cup for 4 servings). Let reduce until thick and glossy, 2-3 minutes. (**TIP:** Add a splash of water if mixture is too thick.) Turn off heat; stir in **1 TBSP butter** (2 TBSP for 4). Season with **salt** and **pepper**.



2 PREP AND ROAST BROCCOLI

Meanwhile, halve, peel, and mince shallot. Strip 1 tsp rosemary leaves from stems (2 tsp for 4 servings); discard stems and finely chop leaves. Zest and quarter lemon. Cut broccoli florets into 1-inch pieces, if necessary; toss on a second baking sheet with a drizzle of oil, salt, and pepper. Roast on middle rack until browned and tender, 12-15 minutes.



5 Once **broccoli** is done, remove from oven and toss with **lemon zest** to taste.



3 COOK CHICKEN While broccoli roasts, pat **chicken** dry with paper towels; season all over with **salt** and **pepper**. Heat a drizzle of **olive oil** in a large pan over mediumhigh heat. Add chicken and cook until browned and cooked through, 5-7 minutes per side. Remove from pan and set aside to rest.



6 FINISH AND SERVE Thinly slice **chicken** crosswise. Divide chicken, **potatoes**, and **broccoli** between plates. Drizzle chicken with **sauce**. Serve with **lemon wedges** on the side.

-THIS IS MY JAM

Try making this awesome sauce again with pork or lamb chops.

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