BALSAMIC TOMATO PARMESAN RISOTTO

with Basil Oil & Zucchini



HELLO -

BASIL OIL A sweet and herbaceous drizzle

PREP: 10 MIN TOTAL: 45 MIN CALORIES: 550

for your rich risotto

Veggie Stock Concentrates

Scallions





Grape Tomatoes





Parmesan Cheese (Contains: Milk)



Tuscan Heat

Spice



Balsamic Vinegar



START STRONG

Serve your risotto the Italian way: on hot plates. Set your oven to its lowest heat setting and put the plates in for 5 minutes. This will keep the rice warm and toasty, the way it's meant to be.

BUST OUT

- Medium pot
- 2 Large pans
- Kosher salt
- Black pepper
- Vegetable oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS	
Ingredient 2-person 4-person	
Veggie Stock Concer	ntrates 2 4
Scallions	2 4
Arborio Rice	³ / ₄ Cup 1 ¹ / ₂ Cups
• Tuscan Heat Spice 🚽	🖉 1 TBSP 2 TBSP
Grape Tomatoes	4 oz 8 oz
Zucchini	1 2
Basil Oil	5 tsp 10 tsp
Balsamic Vinegar	5 tsp 5 tsp
Parmesan Cheese	¼ Cup ½ Cup





PREP

In a medium pot, combine **4 cups** water (7 cups for 4 servings) and stock concentrates. Bring to a boil, then reduce to a low simmer. Meanwhile, wash and dry all produce. Trim and thinly slice scallions, separating whites from greens.



2 MAKE RISOTTO Heat a drizzle of oil in a large pan over medium heat. Add scallion whites; cook until softened, 1-2 minutes. Add rice and **2 tsp Tuscan Heat Spice** (4 tsp for 4; you'll use the rest later). Stir until rice is translucent, 1-2 minutes. Add ½ cup stock; stir until liquid has mostly absorbed. Repeat with remaining stock—adding ½ cup at a time and stirring until liquid has absorbed—until rice is al dente and mixture is creamy, 25-30 minutes.



3 START VEGGIES Once risotto has cooked for 20 minutes, halve tomatoes. Trim and dice zucchini into ½-inch pieces. Heat a drizzle of basil oil (about 1 tsp) in a second large pan over medium-high heat. Add zucchini and remaining Tuscan Heat Spice. Cook, stirring, until tender and lightly browned, 4-6 minutes.



4 FINISH VEGGIES Add tomatoes and half the vinegar (use all for 4 servings) to pan with zucchini. Cook, stirring, until tomatoes have softened, 2-3 minutes. Season with salt and pepper. Turn off heat.



5 FINISH RISOTTO Once risotto is done, stir in **1 TBSP** butter (2 TBSP for 4 servings) and half the Parmesan. Taste and season with salt and pepper.



6 SERVE Divide risotto between bowls. Top with veggies, scallion greens, and remaining Parmesan. Drizzle with remaining basil oil to taste.

 SO HOT IN HERE – If you've got chili flakes on hand, sprinkle your risotto with a pinch for added heat.

HelloFRESH