



# BBQ Beef Tacos with Slaw & Sour Cream

**FRESH & FAST**

Box to plate: 15 mins

Grab your  
Fresh & Fast  
Meal Kit



**Nutrition Per Serving:** Energy 3959kJ (946Cal) | Protein 51.9g | Fat, total 52.5g - saturated 19.4g | Carbohydrate 60.5g - sugars 17.5g | Sodium 1626mg

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2021 | WK20 | W



# Get ready

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

## You'll need

(along with the basics)



Large Frying Pan



Microwave

## From the pantry



Olive Oil



Salt & Pepper

## From the cool pouch

	2P	4P
Beef Strips	1 pkt	1 pkt
Garlic Paste	1 pkt	2 pkts
BBQ Mayonnaise	1 pkt (50g)	2 pkts (100g)
Shredded Cheddar Cheese	1 medium pkt	1 large pkt
Sour Cream	1 pkt (100g)	1 pkt (200g)

## Allergens

Always read product labels for the most up-to-date allergen information. Visit [hellofresh.com.au/foodinfo](https://hellofresh.com.au/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

## 1. Sizzle



Sweetcorn



Beef Strips



Garlic Paste



All-American Spice Blend

## 2. Chop



Tomato



Lime



Shredded Red Cabbage



BBQ Mayo

## 3. Zap



Mini Flour Tortillas/Wraps



Shredded Cheddar Cheese



Sour Cream



Coriander

- Drain **corn**
- Heat a drizzle of **olive oil** in a frying pan over high heat
- Cook **beef strips, garlic paste, spice blend** and **corn**, tossing, until browned, **1-2 mins**

- Chop **tomato**
- Cut **lime** into wedges
- In a bowl, combine **shredded cabbage, BBQ mayo** and a generous squeeze of **lime juice**
- Season and toss

- Microwave **tortillas/wraps** for **10 second bursts**, until warmed through
- Fill **tortillas/wraps** with **slaw, beef, Cheddar** and **tomato**
- Top with **sour cream** and torn **coriander**
- Serve with remaining **lime** wedges

