



BEEF FLAUTAS SUPREME

with Pico de Gallo & Lime Crema

INGREDIENTS

2 PERSON | 4 PERSON



1 | 1
Yellow Onion



10 oz | 20 oz
Ground Beef



1 TBSP | 2 TBSP
Southwest
Spice Blend



1 | 2
Tex-Mex Paste



6 | 12
Flour Tortillas
Contains: Wheat



½ Cup | 1 Cup
Mexican Cheese
Blend
Contains: Milk



1 | 2
Roma Tomato



1 | 1
Lime



4 TBSP | 8 TBSP
Sour Cream
Contains: Milk

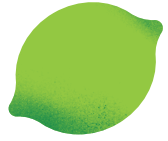
HELLO

FLAUTAS

These rolled tacos are baked (not fried) for easy cooking and a crispy, golden exterior.



PREP: 5 MIN | COOK: 30 MIN | CALORIES: 960



HELLO FRESH

PUT A PIN IN IT

To make sure your flautas stay intact after assembling them in step 3, try securing each with a toothpick. Weave it into the seam sides of the tortilla as you would with a safety pin. (Just be sure to remove before eating!)

BUST OUT

- Baking sheet
- Aluminum foil
- Large pan
- Zester
- 2 Small bowls
- Kosher salt
- Cooking oil (2 tsp | 2 tsp)
- Olive oil (1 TBSP | 2 TBSP)

GET SOCIAL

Share your #HelloFreshPics with us @HelloFresh

(646) 846-3663
HelloFresh.com

* Ground Beef is fully cooked when internal temperature reaches 160°.



1 PREP

- Adjust rack to middle position and preheat oven to 425 degrees. Line a baking sheet with foil and brush with **oil** or coat with nonstick spray. **Wash and dry all produce.**
- Halve, peel, and thinly slice **onion**; mince a few slices until you have 1 TBSP (2 TBSP for 4 servings).



3 ASSEMBLE & BAKE

- Meanwhile, drizzle **tortillas** with 1 TBSP **olive oil** (2 TBSP for 4 servings); brush or rub to completely coat.
- Place tortillas on a clean work surface. Once **beef filling** is done, add a heaping ¼ cup filling to one side of each tortilla, then sprinkle each with 1 TBSP **Mexican cheese**. Roll up tortillas, starting with filled sides, to create **flautas**. Place seam sides down on prepared sheet. **TIP: Make sure the flautas are snug on the sheet—this will prevent them from unrolling.**
- Bake on middle rack until golden brown and crispy, 8-12 minutes.



2 MAKE FILLING

- Heat a **drizzle of oil** in a large pan over medium-high heat. Add **sliced onion**; cook for 3 minutes.
- Add **beef*** and **Southwest Spice**; cook, breaking up meat into pieces, until beef is browned and onion is softened, 4-6 minutes.
- Stir in **Tex-Mex paste** and ½ cup **water** (½ cup for 4 servings). Simmer until mixture is thickened and beef is cooked through, 2-4 minutes more. Turn off heat.



4 FINISH & SERVE

- While flautas bake, finely dice **tomato**. Zest and quarter **lime**. In a small bowl, combine tomato, **minced onion**, **half the lime zest**, and a **squeeze of lime juice**. Season with **salt**.
- In a separate small bowl, combine **sour cream**, remaining lime zest, and a squeeze of lime juice. Add **water** 1 tsp at a time until mixture reaches a drizzling consistency. Season with **salt**.
- Divide **flautas** between plates. Top with **pico de gallo** and **lime crema**. Serve.

WK 31-2