

HALL OF FAME

BEEF RAGÙ SPAGHETTI

with Zucchini & Italian Seasoning



HELLO -

HALL OF FAME

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!



Zucchini



Garlic

















Crushed Tomatoes



Chili Flakes

PREP: 10 MIN TOTAL: 45 MIN CALORIES: 990

20.2 BEEF RAGU SPAGHETTI_NJ.indd 1

Yellow Onion

Ground Beef

Beef Stock Concentrate

Spaghetti (Contains: Wheat)

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START STRONG

When salting your pasta cooking water, don't be shy-you'll want to add a few big pinches until it tastes almost as salty as the sea! This will help infuse the noodles with enough seasoning (aka flavor) to complement the sauce.

BUST OUT

- Large pot
- Kosher salt
- Large pan
- Black pepper
- Strainer

Spaghetti

- Olive oil (1 tsp | 1 tsp)
- Vegetable oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

1 | 2 Zucchini

1|2 Yellow Onion

2 Cloves | 4 Cloves Garlic

• Ground Beef* 10 oz | 20 oz

 Italian Seasoning 1 TBSP | 1 TBSP

• Crushed Tomatoes 13.76 oz | 27.52 oz

1 | 2

· Beef Stock Concentrate

• Garlic Herb Butter 2 TBSP | 4 TBSP

 Parmesan Cheese 1/4 Cup | 1/2 Cup

Chili Flakes

1tsp | 1tsp

6 oz | 12 oz



PREP Bring a large pot of salted water to a boil. Wash and dry all produce. Trim and quarter **zucchini** lengthwise; cut crosswise into ½-inch-thick pieces. Halve, peel, and dice onion. Mince garlic.



COOK BEEF Heat a drizzle of **olive oil** in a large pan over medium-high heat. Add beef and season with half the Italian **Seasoning** (you'll use the rest later), salt, and pepper. Cook, breaking up meat into pieces, until browned and cooked through, 4-6 minutes. Turn off heat. (TIP: If there's excess grease in your pan, carefully pour it out.) Transfer beef to a plate.



COOK PASTA Once water is boiling, add spaghetti to pot. Cook, stirring occasionally, until al dente, 9-11 minutes. Carefully reserve 1/2 cup pasta cooking water (3/4 cup for 4 servings), then drain.



START RAGÙ While spaghetti cooks, heat a drizzle of oil in pan used for beef over mediumhigh heat. Add zucchini and onion. Cook, stirring, until softened, 5-7 minutes. Stir in garlic and remaining Italian Seasoning; cook until garlic is fragrant, 30 seconds.



SIMMER RAGÙ Add beef, tomatoes, stock concentrate, and reserved pasta cooking water to pan with veggies. Bring to a boil, then reduce heat and simmer until thick and saucy, 5-10 minutes. (TIP: If mixture begins to stick to the bottom of the pan, stir in a splash of water.) Taste and season with salt and pepper. Stir in 1 TBSP plain **butter** (2 TBSP for 4 servings) until melted.



FINISH RAGÙ & SERVE Add **spaghetti** and **garlic herb** butter to pan with ragù; toss to combine. Divide pasta between plates. Sprinkle with **Parmesan** and as many chili flakes as you like. Serve.

NOODLE ON IT-

This delicious sauce would taste great paired with any pasta shape. Next time, try it with rigatoni.



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^{*} Ground Beef is fully cooked when internal temperature reaches 160 degrees.