

**20-MIN MEAL** 

# BETTER THAN TAKEOUT SWEET 'N' SPICY CHICKEN

with Green Beans and Jasmine Rice



# HELLO -

## **SWEET 'N' SPICY SAUCE**

A delicious melange of umami-rich hoisin, punchy sriracha, and sweet honey.



Jasmine Rice











Green Beans



Scallions



Chili Pepper







Chicken Breast Strips

Sesame Seeds

PREP: 5 MIN

TOTAL: 20 MIN | CALORIES: 620

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#### **START STRONG**

If you have a few extra minutes, try toasting your sesame seeds in a dry pan until fragrant. This'll bring out their natural nuttiness and up their crunch factor.

#### **BUST OUT**

- Small pot
- Kosher salt
- Small bowl
- Black pepper
- Paper towels
- Large pan
- Large bowl
- Vegetable oil (2 tsp | 2 tsp)
- Butter (1 TBSP | 1 TBSP)

### **INGREDIENTS**

Ingredient 2-person | 4-person

 Jasmine Rice 1/2 Cup | 1 Cup

2 | 4 Scallions

Ginger

1 Thumb | 2 Thumbs

Chili Pepper —

Hoisin Sauce

4 TBSP | 8 TBSP

Sriracha

1tsp | 2 tsp

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Honey

2 tsp | 4 tsp

• Chicken Breast Strips\* · Green Beans

10 oz | 20 oz 6 oz | 12 oz

Sesame Seeds

1 TBSP | 1 TBSP

#### **WINE CLUB**

Pair this meal with a HelloFresh Wine





Wash and dry all produce (except green beans). In a small pot, combine rice, 34 cup water (11/2 cups for 4 servings), and a big pinch of salt. Bring to a boil, then cover and reduce to a low

simmer. Cook until rice is tender, 15-18 minutes. Keep covered off heat until ready to serve.



**COOK GREEN BEANS** While chicken cooks, pierce green bean bag with a fork; place bag on a plate. Microwave until tender, 1-2 minutes. (TIP: No microwave? No problem! Steam beans in a small pot with a splash of water until just tender, 5-7 minutes.) Carefully remove green beans from bag and transfer to a large bowl; toss with 1 TBSP butter, salt, and **pepper** until evenly coated.



**PREP AND MAKE SAUCE** Meanwhile, trim and thinly slice scallions, separating whites from greens. Peel and mince ginger. Thinly slice chili, removing seeds for less heat. In a small bowl, combine hoisin, sriracha, honey, and 2 TBSP water (3 TBSP for 4 servings).



**COOK CHICKEN** Pat **chicken** dry with paper towels and season with salt and pepper. Heat a large drizzle of **oil** in a large pan over medium-high heat. Add chicken and cook, stirring occasionally, until browned and cooked through, 4-6 minutes.



**COAT CHICKEN** Once **chicken** is cooked through, add scallion whites and ginger to pan. Cook until fragrant, 30-60 seconds, then pour in **sauce**. Cook until sauce has thickened and coats chicken, 2-3 minutes. Turn off heat.



**FINISH AND SERVE** Fluff rice with a fork and season with salt and pepper. Divide rice, green beans, and chicken between plates. Garnish with scallion greens, sesame **seeds**, and **chili** to taste.

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STIR IT UP-

Try making this sauce again to flavor stir-fried veggies!

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<sup>\*</sup> Chicken is fully cooked when internal temperature reaches 165 degrees.