

BLACKENED CHICKEN PENNE

with Charred Poblano and Monterey Jack Cheese



HELLO BLACKENING SPICE

Our blend gives this pasta a Cajun kick!



Scallions



Roma Tomato



Stir-Fry Penne Pasta (Contains: Wheat)

Blackening Spice Cream Cheese



(Contains: Milk)



Monterey Jack Cheese (Contains: Milk)

PREP: 10 MIN TOTAL: 25 MIN CALORIES: 810

START STRONG

Salt your pasta cooking water generously—it should taste like the ocean! This will give the penne just enough flavor to complement the sauce.

BUST OUT

Large pan

- Large pot
- Paper towel
- Large bowl
- Strainer
- Olive oil (1 TBSP | 2 TBSP)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)

Ingredient 2-person 4-person	
• Poblano Pepper	1 2
Scallions	2 4
• Garlic	2 Cloves 4 Cloves
• Roma Tomato	1 2
Chicken Stir-Fry	10 oz 20 oz
 Blackening Spice 	1 TBSP 2 TBSP
• Penne Pasta	6 oz 12 oz
Cream Cheese	4 TBSP 8 TBSP
Monterey Jack Cheese	e ¼ Cup ½ Cup

INCDEDIENTS







PREP VEGGIES

Wash and dry all produce. Bring a large pot of salted water to a boil. Core and seed **poblano**, then dice into ½-inch pieces. Trim, then thinly slice scallions, separating greens and whites. Thinly slice garlic. Core and finely chop tomato.



SEASON CHICKEN

Pat **chicken** dry with a paper towel. Place in a large bowl with a large drizzle of **olive oil**, **Blackening Spice**, and a few big pinches of **salt**. Toss to coat.



COOK PASTA

Once water boils, add penne to pot. Cook until al dente, 11-13 minutes.
 Scoop out and reserve ½ cup pasta cooking water (this'll help thicken the sauce), then drain and set aside.



COOK CHICKEN AND VEGGIES

Meanwhile, heat a drizzle of **olive oil** in a large pan over medium-high heat. Add **poblano** and a pinch of salt. Cook, without disturbing, until beginning to char, about 3 minutes. Add **chicken** and cook, tossing occasionally, until no longer pink throughout, 3-5 minutes. Stir in **scallion whites** and **garlic**. Cook until fragrant, about 1 minute. Stir in half the **tomato** and a pinch of **salt**.



5 TOSS PASTA Reduce heat under pan to medium low. Whisk in **cream cheese** and ¹/₃ **cup pasta cooking water** until thoroughly combined. Turn off heat. Add **penne**, **Monterey Jack cheese**, and **2 TBSP butter**. Stir until butter melts and a smooth sauce forms. (**TIP:** Add more pasta water if sauce seems dry.) Season with **salt** and **pepper**.



FINISH AND SERVE Divide **pasta** between bowls or plates. Garnish with **scallion greens** and remaining **tomato**. (**TIP:** If you like things spicy, top with a few cracks of fresh black pepper.)

- DELIZIOSO!

Pasta night for the win

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