

HelloFresh Add On Burger Bar Board Nutrition Facts

Nutrition Facts		Bricohe Bun	Chicken Cutlet	Classic BBQ Sauce	Gouda Cheese	Ground Beef	Mike's Hot Honey	Pulled Pork	Garlic Herb Butter							
servings per container																
Serving size		1 Bun (71g)	5 oz (142g)	1 TBSP (28g)	1 slice (21g)	5 oz (142g)	1 tsp (7g)	4 oz (113g)	1 TBSP (14g)							
Amount per serving																
Calories		260	160	50	80	360	25	320	90							
% Daily Value*																
Total Fat	9g	12%	4g	5%	0g	0%	7g	9%	28g	36%	0g	0%	24g	31%	10g	13%
Saturated Fat	4g	20%	1g	5%	0g	0%	4g	20%	10g	50%	0g	0%	8g	40%	5g	25%
Trans Fat	1g		0.5g		0g		0g		2.5g		0g		0g		0g	
Cholesterol	30mg	10%	105mg	35%	0mg	0%	25mg	8%	100mg	33%	0mg	0%	95mg	32%	30mg	10%
Sodium	490mg	21%	95mg	4%	290mg	13%	170mg	7%	95mg	4%	0mg	0%	720mg	31%	95mg	4%
Total Carbohydrate	44g	16%	0g	0%	12g	4%	1g	0%	0g	0%	6g	2%	1g	0%	1g	0%
Dietary Fiber	1g	4%	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%
Total Sugars	8g		4g		11g		0g		0g		6g		0g		0g	
Includes Added Sugars	8g	16%	0g	0%	10g	20%	0g	0%	0g	0%	6g	12%	0g	0%	0g	0%
Protein	5g		32g		0g		5g		24g		0g		20g		0g	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		Vitamin D	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%
		Calcium	10mg	0%	0mg	0%	9mg	0%	120mg	10%	0mg	0%	0mg	0%	5mg	0%
		Iron	1mg	6%	0mg	0%	0mg	0%	2mg	10%	0mg	0%	1mg	6%	0mg	0%
		Potassium	70mg	2%	0mg	0%	71mg	2%	0mg	0%	380mg	8%	0mg	0%	5mg	0%

HelloFresh Add On Burger Bar Board Ingredients

Brioche Buns: WHEAT flour (bleached enriched WHEAT flour (bleached wheat flour, niacin, ferrous sulfate, iron, thiamin mononitrate, riboflavin, folic acid), malted barley flour, potassium bromate), water, Hawaiian sweet roll concentrate (potato flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, trans fat-free shortening, palm oil, rye flour, potato flour, yeast, salt, canola oil, powdered MILK, BUTTER (CREAM, natural flavor), BUTTER flavor, cultured WHEAT flour, WHEAT GLUTEN, EGGS, sunflower lecithin, liquid EGGS (whole EGGS, citric acid, water), granulated sugar, turmeric, annatto, dextrose, dough conditioner (WHEAT flour, modified corn starch, monoglycerides, corn syrup solids, refined soybean oil, enzymes), pan spray (canola oil, mono & diglycerides, propellant), guar gum, fava bean flour, calcium diphosphate, ascorbic acid, gem 100 (enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid) enzymes, ascorbic acid), SOYBEAN oil, calcium propionate, xanthan gum, sodium stearoyl lactylate, monoglycerides, yellow corn flour, ammonium sulfate, malt extract, vegetable protein, starch, maltodextrin. **Contains:** Eggs, Milk, Soy, Wheat.

Chicken Cutlet: Boneless skinless chicken breast cutlets with rib meat (contains up to 3% water).

Classic BBQ Sauce: tomato puree (water, tomato paste), sugar, brown sugar, distilled vinegar, apple cider vinegar, molasses, water, salt, modified food starch, natural flavors, garlic powder, onion powder, mustard (distilled vinegar, water, mustard seed, salt, turmeric, paprika, spices, garlic powder), mustard flour, apple juice concentrate, lime juice concentrate, paprika, caramel, xanthan gum, spices, natural smoke flavor.

Gouda Cheese: pasteurized MILK, cheese cultures, salt, enzymes, annatto. **Contains:** Milk

Mike's Hot Honey: honey, chili peppers, vinegar.

Pulled Pork: pork, water, seasoning (salt, modified potato starch, black pepper, sodium phosphate, brown sugar, onion powder, garlic powder, carrageenan).

Roasted Garlic Herb Butter: butter (pasteurized CREAM, salt, lactic acid), roasted garlic (garlic, citric acid), garlic puree (roasted garlic), soybean oil or expeller pressed canola oil, parsley, basil, oregano, chives, spice, salt, onion salt, dehydrated onion, garlic salt, garlic, dehydrated chives, black pepper, food starch-modified. **Contains:** Milk

Shredded Cheddar Cheese: pasteurized MILK, cheese cultures, salt, potato starch, powdered cellulose, enzymes, annatto, natamycin. **Contains:** Milk