

BUTTERED-UP STEAK

with Roasted Potatoes and Garlicky Green Beans



HELLO -**MUSTARD HERB BUTTER**

Amp up the richness of steak with this mustard- and parsley-accented topping.



Sirloin Steak

Parsley



Yukon Gold Potatoes







PREP: 10 MIN TOTAL: 30 MIN

CALORIES: 590

Green Beans

Dijon Mustard

5.4 Seared Steak_NJ.indd 1 1/11/18 2:31 PM

START STRONG

Let the butter sit at room temperature until it's soft and pliable. This will make it easier to mix with the flavorful parsley and mustard.

BUST OUT

- Peeler
- Small bowl
- Paper towel
- Baking sheet
- Large pan
- Oil (1 TBSP | 2 TBSP)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)



Ingredient 2-person | 4-person

Yukon Gold Potatoes
 12 oz | 24 oz

• Garlic 2 Cloves | 4 Cloves

• Parsley 1/4 oz | 1/4 oz

• Sirloin Steak 12 oz | 24 oz

• Green Beans 6 oz | 12 oz

• Dijon Mustard 1tsp | 2 tsp



PREHEAT AND PREP

Wash and dry all produce. Adjust

rack to middle position and preheat oven

to 425 degrees. Take out 1 TBSP butter

and let sit at room temperature. Peel

potatoes, then cut into ½-inch cubes.

Thinly slice garlic. Finely chop parsley.

Pat **steak** dry with a paper towel.

Meanwhile, heat a drizzle of oil in pan used for steak over medium heat.

Add green beans and cook, tossing, until tender but still a little crisp, 4-5 minutes.

Add garlic and cook until fragrant, about 30 seconds. Season with salt and pepper.



ROAST POTATOES
Toss potatoes on a baking sheet
with a drizzle of oil and a pinch of
salt and pepper. Roast in oven until
browned and tender, 20-25 minutes total
(we'll add more to the sheet before the
potatoes are done).



SEAR STEAK
Heat a drizzle of oil in a large pan
over medium-high heat. Season steak
with salt and pepper. Add to pan and
cook until browned, 2-3 minutes per
side. Remove baking sheet from oven
and give potatoes a toss. Add steak
to sheet, return to oven, and roast to
desired doneness, 5-7 minutes. Remove
steak from sheet and let rest 5 minutes.



MAKE HERB BUTTER

Mix butter, mustard, and a pinch of parsley in a small bowl. Season with salt and pepper.



6 PLATE AND FINISH
Slice steak against the grain and divide between plates. Top with herb butter. Serve with green beans and potatoes on the side. Garnish with any remaining parsley.

HELLO WINE



Le Flaneur Graves AOC, 2014

HelloFresh.com/Wine



FANTASTIC!

Compound butters like the one here are great on seafood, too.

Share your #HelloFreshPics with us! | (800) 733-2414 HelloFresh.com | hello@hellofresh.com

VK 5 N 1-4