

CAROLINA BARBECUE CHICKEN

with Quick Stovetop Mac 'n' Cheese and Green Beans



HELLO -

STOVETOP MAC 'N' CHEESE

Cream cheese is the secret ingredient that makes this side extra rich and tasty.



Chicken Breasts



Chives

Green Beans







White Wine

Vinegar

Cream Cheese





Cheddar Cheese Barbecue Sauce

PREP: 5 MIN TOTAL: 25 MIN

CALORIES: 690

Thai Chili

Gemelli Pasta (Contains: Wheat)

(Contains: Milk)

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START STRONG

Don't forget to keep your cool when prepping hot peppers: thoroughly wash your hands, cutting board, and knife after handling the chili to avoid getting heat anywhere you don't want it.

BUST OUT

- Large pot
- Paper towel
- Plastic wrap
- Strainer
- Large pan
- Slotted spoon
- Vegetable oil (1 tsp | 2 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

 Chicken Breasts 12 oz | 24 oz

 Chives 1/4 oz | 1/4 oz

 Thai Chili 1|1

• Gemelli Pasta 4 oz | 8 oz

 Green Beans 6 oz | 12 oz

• Cheddar Cheese 1/2 Cup | 1 Cup

 Cream Cheese 1 oz | 2 oz

• Barbecue Sauce 2 oz | 4 oz White Wine Vinegar

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.



5 tsp | 10 tsp





POUND CHICKEN

Wash and dry all produce. Bring a large pot of salted water to a boil. Place **chicken** on a cutting board and cover with plastic wrap. Pound with a mallet, rolling pin, or heavy-bottomed pan until 1/2-inch thick



COOK CHICKEN AND PREP

Heat a drizzle of **oil** in a large pan over medium-high heat. Season chicken all over with salt and pepper. Add to pan and cook until no longer pink in center, 3-4 minutes per side. Remove pan from heat. Meanwhile, finely mince chives until you have 1 TBSP. Mince chili, removing ribs and seeds first for less



COOK PASTA AND GREEN BEANS

Once water is boiling, add 4 oz gemelli (about \(\frac{1}{3} \) of the package) to pot and cook, stirring occasionally. After about 5 minutes, add green beans to same pot and continue cooking until tender, about 4 minutes more.



DRAIN GREEN BEANS

Once **green beans** are tender, remove from pot with a slotted spoon and set aside on a paper-towel-lined plate to dry. Season with salt and pepper. Drain gemelli, then return to empty pot off heat.



MAKE MAC 'N' CHEESE

Add cheddar, cream cheese, minced chives, 1 TBSP water, 1 TBSP **butter**, and a pinch of **chili** (to taste) to pot with gemelli. Stir until a thick and creamy sauce forms. Season with salt and **pepper**.



COAT CHICKEN AND PLATE

Add barbecue sauce, vinegar, and as much remaining chili as you like to pan with **chicken**. Return to stove over low heat and toss until chicken is coated in a sticky sauce. Divide between plates and serve with mac 'n' cheese and green beans on the side.

FEISTY!

Chili heat and vinegary twang give this dish a hint of Carolina barbecue flavor.

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heat.