

INGREDIENTS

2 PERSON | 4 PERSON



1/4 oz | 1/2 oz Cilantro



1 | 1 Red Onion



10 oz | 20 oz Chicken Breast Strips



1 | 2 Chili Pepper



1 tsp | 2 tsp Cumin



1 tsp | 2 tsp Garlic Powder

Baby Lettuce

5 tsp | 5 tsp

White Wine

Vinegar



1 | 2 Tomato



1 | 2 Avocado



½ Cup | 1 Cup
Pepper Jack
Cheese
Contains: Milk



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

HELLO

CHILI PEPPER

If you're spice sensitive, adjust the cha-cha chili to taste.

CHA-CHA CHICKEN & AVOCADO SALAD

with Lettuce, Pepper Jack & Cilantro-Cumin Vinaigrette



PREP: 15 MIN COOK: 30 MIN CALORIES: 720

3



HERBAL REMEDY

It's believed your genes may determine whether you like cilantro. If you're not sure, give it a taste. Love it? Add lots! Not so much? Use just a pinch or skip it.

BUST OUT

- Large bowl
- Paper towels
- Whisk
- Large pan
- Kosher salt
- Black pepper
- Olive oil (4 TBSP | 8 TBSP)
- Cooking oil (1 tsp | 1 tsp)

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*Chicken is fully cooked when internal temperature reaches 165°.



1 START PREP

- · Wash and dry produce.
- Pick cilantro leaves from stems; finely chop leaves. Trim and halve chili lengthwise, removing ribs and seeds for less heat: mince chili.



2 MAKE DRESSING

- In a large bowl, combine cilantro, half the vinegar (all for 4 servings), ½ tsp cumin (1 tsp for 4), ½ tsp garlic powder (1 tsp for 4), and as much chili as you like. (You'll use the rest of the cumin and garlic powder later.)
- Whisk in 4 TBSP olive oil (8 TBSP for 4).
 Taste and season generously with salt and pepper.



3 FINISH PREP

Chop lettuce into bite-size pieces.
 Halve, pit, peel, and dice avocado. Dice tomato. Peel, halve, and thinly slice half the onion (whole onion for 4 servings).



4 COOK CHICKEN

- Pat chicken* dry with paper towels.
- Heat a drizzle of oil in a large pan over medium-high heat. Add chicken; season with remaining cumin, remaining garlic powder, a big pinch of salt, and pepper. Cook, stirring occasionally, until chicken is browned and cooked through, 4-6 minutes.
- Turn off heat; stir in 1 TBSP dressing (2 TBSP for 4 servings). Transfer chicken to a cutting board and chop into bitesize pieces if necessary. Set aside.



5 TOSS SALAD

- To bowl with dressing, toss together lettuce, avocado, tomato, and sliced onion until coated. Taste and season with salt and pepper.
- Stir in half the chicken and half the pepper jack.



 Divide salad between bowls. Top with remaining chicken and remaining pepper jack. Serve.