

# **CHAR SIU PORK**

with Stir-Fried Veggies and Smashed Cucumber Salad



# **HELLO CHAR SIU**

Our take on this Cantonese-style barbecue features juicy pork tenderloin with a sweet, rich, hoisin-based glaze.

PREP: 10 MIN

TOTAL: 50 MIN



Hoisin Sauce (Contains: Soy, Wheat)



Ketchup



Brown Sugar Pork Tenderloin



Jasmine Rice



Green Beans







Soy Sauce



Korean Chili Flakes





Sesame Seeds \*Your bell pepper may be orange,

yellow, or red. No matter what the color, it will (Contains: Tree Nuts) still be delicious!

CALORIES: 870



White Wine Vinegar



Ginger



Bell Pepper



Sesame Oil

Cornstarch

42.12 CHAR SIU PORK\_NJ.indd 1 9/26/19 10:19 AM

### START STRONG =

In step 3, you'll be using a plate to smash your cucumbers. A plate helps apply even pressure and create cracks in the skin for the sesame dressing to seep into. Alternatively, gently smash with the flat side of a large knife until the cucumbers break open, as if you were crushing a garlic clove.

### BUST OUT =

- 2 Small bowls Medium bowl
- Paper towels
- Large pan
- Kosher salt
- Baking sheet
- Small pot
- Black pepper
- Vegetable oil (1 TBSP | 1 TBSP)
- Butter (1 TBSP | 1 TBSP)

## INGREDIENTS =

### Ingredient 2-person | 4-person

- · Hoisin Sauce 2 TBSP | 4 TBSP Ketchup 2 TBSP | 4 TBSP 1 TBSP | 2 TBSP • Brown Sugar
- White Wine Vinegar 5 tsp | 10 tsp 12 oz | 24 oz Pork Tenderloin\* Ginger 1 Thumb | 2 Thumbs
- 1/2 Cup | 1 Cup Jasmine Rice
- Bell Pepper 1 | 2
- 6 oz | 12 oz Green Beans 2 Cloves | 4 Cloves Garlic
- 2 | 4 Persian Cucumbers
- 1 TBSP | 2 TBSP Sesame Oil Soy Sauce 4 TBSP | 8 TBSP
- Korean Chili Flakes 1 tsp | 1 tsp
- Cornstarch 1 tsp | 2 tsp 1 oz | 2 oz Cashews
- Sesame Seeds 1 TBSP | 1 TBSP
- \* Pork is fully cooked when internal temperature reaches 145 degrees.

#### **WINE CLUB**

Pair this meal with a HelloFresh Wine matching this icon.







## MAKE GLAZE AND COOK PORK

Adjust rack to middle position and preheat oven to 425 degrees. Wash and dry all produce. In a small bowl, combine hoisin, ketchup, half the brown sugar, and 1 tsp vinegar (2 tsp for 4 servings). Pat **pork** dry with paper towels and season with salt and pepper. Place on a lightly oiled baking sheet. Roast until almost cooked through, 18-20 minutes.



FINISH PORK
Once pork is almost cooked through, remove baking sheet from oven. Heat broiler to high or oven to 500 degrees. Brush pork with a layer of hoisin glaze (save the rest for serving). Broil or roast until pork is cooked through and glaze is tacky and lightly charred, 2-3 minutes more. Set aside on a cutting board to rest.



**COOK RICE** Meanwhile, peel and mince or grate ginger. Melt 1 TBSP butter in a small pot over medium-high heat. Add half the ginger; cook until fragrant, 20-30 seconds. Add rice, 3/4 cup water (11/2 cups for 4 servings), and a pinch of salt. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15-18 minutes. Keep covered off heat until ready to serve.



MAKE VEGGIE STIR-FRY In a second small bowl, stir together cornstarch, remaining soy sauce, and 2 TBSP warm water (1/4 cup for 4); add remaining garlic and ginger. Heat a large drizzle of oil in a large pan over mediumhigh heat. Add bell pepper and green beans; cook until browned and tender, 7-9 minutes. Add **soy sauce mixture**; cook until veggies are glazed, 1-2 minutes. (TIP: If sauce is too thick, stir in water 1 TBSP at a time until stir-fry is fully coated.) Stir in cashews. Season with salt and pepper.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com | hello@hellofresh.com



**7** PREP AND MAKE CUCUMBER SALAD Core, deseed, and thinly slice bell pepper. Trim green beans. Mince garlic. Place **cucumbers** under a plate; press down until cucumbers break open. Chop into 1-inch pieces. In a medium bowl, combine sesame oil, 1/2 tsp garlic (1 tsp for 4), remaining vinegar and brown sugar, and half the soy sauce. Add cucumbers: toss to coat. Season with salt, pepper, and chili flakes to taste.



**6** FINISH AND SERVE Fluff **rice** with a fork; season with **salt** and pepper. Thinly slice pork crosswise. Divide rice, pork, and **veggies** between plates. Drizzle pork with reserved hoisin glaze. Garnish with sesame seeds as you like. Serve **cucumber salad** on the side. TIP: Alternatively, serve family-style with pork, veggies, and salad on separate plates.

# = SOME LIKE IT HOT =

Have any sriracha on hand? Add a drizzle to your dish for some extra heat.