

# **CHICKEN CARNITAS TACOS**

with Salsa Fresca and Chipotle Lime Crema



### HELLO -

## **CHIPOTLE LIME CREMA**

This smoky, tangy sauce brings a refreshing zing to taco night.



Red Onion



Roma Tomato



Chicken Breast



Tomato Paste



Sour Cream (Contains: Milk)



Flour Tortillas (Contains: Wheat)

PREP: 10 MIN TOTAL: 35 MIN CALORIES: 680



Poblano Pepper



Scallions



Lime

White Wine Vinegar



Fajita Spice Blend



Concentrate



Chicken Stock

Chipotle Powder

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#### START STRONG

Want to step up your quickpickling game in step 2? Zest your lime before quartering it in step 1, then add a pinch to your pickling liquid. This'll add a little somethin' somethin' extra (citrusy notes!) to vour onion.

#### **BUST OUT**

- 2 Small bowls
  - Kosher salt
- Paper towels
- Black pepper
- Large pan
- Medium bowl
- Sugar (1 tsp | 2 tsp)
- Vegetable oil (2 tsp | 2 tsp)



PREP Wash and dry all produce. Halve and peel **onion**; finely chop one half and very thinly slice other. Core, deseed, and finely chop **poblano**. Finely dice **tomato**. Trim and thinly slice scallions. Quarter lime.



**PICKLE ONION** In a small, microwave-safe bowl, combine vinegar, 1 tsp sugar (2 tsp for 4 servings), a large pinch of salt, and 1 TBSP water; stir to dissolve. Stir in sliced onion. Microwave for 30 seconds: set aside to quick-pickle, stirring occasionally.



**COOK CHICKEN** Pat **chicken** dry with paper towels. Heat a drizzle of **oil** in a large pan over medium-high heat. Add chicken and season with salt and pepper. Cook, stirring occasionally, until browned and cooked through, 4-6 minutes. Turn off heat; transfer to a plate. If necessary, wipe out pan.



**FINISH AND SERVE** Meanwhile, wrap tortillas in damp paper towels and microwave until warm and pliable, about 30 seconds. Divide chicken filling, salsa, pickled onion (draining first), and crema between tortillas. (TIP: Alternatively, put everything in individual serving bowls and let everyone assemble their own tacos.) Serve with any remaining lime wedges on the side.

Next time, ditch the tortillas and over rice instead!

#### **INGREDIENTS**

Ingredient 2-person | 4-person

 Red Onion 1 | 2 Poblano Pepper — 111 Roma Tomato 1 | 2 2 | 4 Scallions

1 | 2 Lime

 White Wine Vinegar 5 tsp | 10 tsp

 Chicken Breast Strips\* 10 oz | 20 oz

 Sour Cream 2 TBSP | 6 TBSP

 Chipotle Powder 1tsp | 1tsp

1 TBSP | 2 TBSP Fajita Spice Blend

1.5 oz | 1.5 oz Tomato Paste

 Chicken Stock Concentrate 1 | 2

 Flour Tortillas 6 | 12

\* Chicken is fully cooked when internal temperature reaches 165 degrees.

### **WINE CLUB**

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**MAKE CREMA AND SALSA** While chicken cooks, in a small bowl, combine **sour cream**, a squeeze of lime juice, 1/4 tsp chipotle powder (taste and add more if you like things spicy), and a pinch of **salt** and **pepper**. Add water 1 tsp at a time until mixture reaches a drizzling consistency. In a medium bowl, combine tomato, scallions, a large squeeze of lime juice, salt, and pepper.



**MAKE FILLING** Heat a drizzle of oil in pan used for chicken over medium-high heat. Add chopped onion, poblano, salt, and **pepper**. Cook, stirring occasionally, until veggies are softened, 3-4 minutes. Return chicken to pan and add Fajita Spice, tomato paste, stock concentrate, and 1/4 cup water (1/3 cup for 4 servings). Cook, stirring, until saucy and slightly reduced, 2-3 minutes. Turn off heat. Season with salt and pepper.

**BOWLED OVER** 

assemble your taco ingredients

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