

INGREDIENTS

2 PERSON | 4 PERSON



10 oz | 20 oz Chicken Cutlets



1 Clove | 2 Cloves Garlic



1 TBSP | 2 TBSP Smoky Cinnamon Paprika Spice



12 oz | 24 oz Eat Smart® Sweet Kale Chopped Salad Kit Contains: Eggs, Soy



Demi-Baguette Contains: Soy, Wheat

HELLO

SMOKY CINNAMON PAPRIKA SPICE

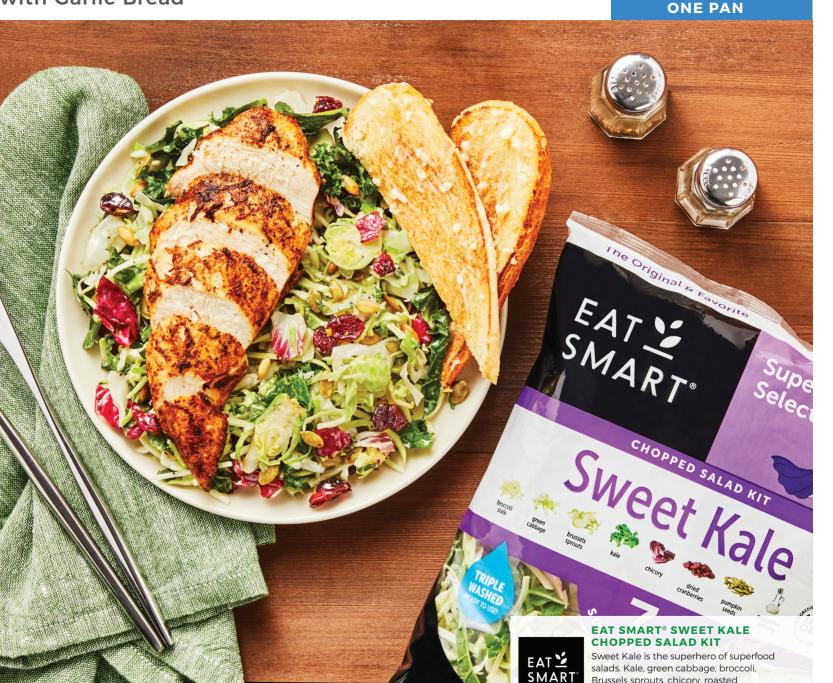
A little something smoky and sweet to amp up the flavor of

SMOKY CHICKEN & EAT SMART® SWEET KALE SALAD

with Garlic Bread

PREP: 0 MIN

COOK: 15 MIN



CALORIES: 750

tender chicken

Brussels sprouts, chicory, roasted pumpkin seeds and dried cranberries-all

tossed in a classic poppyseed dressing.

Seven superfoods never tasted so good!



BUTTER BELIEVE IT

In step 3, you'll be making a compound butter. This one has garlic, but the sky's the limit when it comes to flavor pairings!

Try lemon zest + parsley for couscous, or honey + cinnamon for pancakes.

BUST OUT

- Paper towels
- Large pan
- · Large bowl
- · Small bowl
- Kosher salt
- Black pepper
- Olive oil (1 tsp | 1 tsp)
- Butter (2 TBSP | 4 TBSP)
 Contains: Milk

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* Chicken is fully cooked when internal temperature reaches 165°.



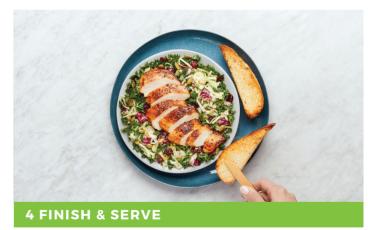
- Preheat oven to 425 degrees. (TIP: If you have a toaster oven, feel free to skip preheating—you'll use it to toast the bread in step 3.) Wash and dry produce.
- Pat chicken* dry with paper towels and season all over with Cinnamon Paprika Spice, salt, and pepper.
- Heat a drizzle of olive oil in a large pan over mediumhigh heat. Add chicken and cook until browned and cooked through, 3-5 minutes per side. TIP: If seasoning begins to brown too quickly, reduce heat to medium.



- Place 2 TBSP butter (4 TBSP for 4 servings) in a small microwave-safe bowl; microwave until just softened, 10-15 seconds
- Peel and mince or grate garlic. Stir as much as you like into bowl with softened butter. Season with salt and pepper.
- Halve baguette; place directly on oven rack (or in a toaster oven) and toast until golden, 3-5 minutes. Spread cut sides with garlic butter, then halve each piece on a diagonal.



While chicken cooks, add Eat Smart® Sweet Kale
 Chopped Salad Kit with included toppings to a large bowl. Toss with as much included dressing as you like.



 Divide salad between plates or shallow bowls. Thinly slice chicken crosswise and arrange on top. Serve with garlic bread on the side