

INGREDIENTS

2 PERSON | 4 PERSON



2 | 4 Ciabattas Contains: Soy, Wheat



1 | 2 Apple



1 | 1 Lemon



9 oz | 18 oz Fully Cooked Chicken Breasts



4 TBSP | 8 TBSP Mayonnaise Contains: Eggs



1 | 2 GREY POUPON® Dijon Mustard



1 oz | 2 oz Dried Cranberries



2 oz | 4 oz Arugula

CHICKEN SALAD SANDWICHES

with Cranberries & Tangy Arugula-Apple Salad





BUST OUT

- Paper towels
 - Kosher salt
- · 2 Medium bowls · Black pepper
- · Olive oil (1 TBSP | 2 TBSP)

GRAPE MINDS

Not a fan of dried cranberries? No prob! If you have some grapes on hand, halve them lengthwise and stir them into the mix instead.

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CHICKEN SALAD SANDWICHES

with Cranberries & Tangy Arugula-Apple Salad

INSTRUCTIONS

- · Halve ciabattas. Toast until golden if desired.
- Meanwhile, wash and dry produce. Halve, core, and thinly slice apple.
 Quarter lemon.
- Pat chicken dry with paper towels; dice into bite-size pieces. TIP: For a
 different texture, use two forks to shred the chicken instead.
- Place chicken in a medium bowl. Stir in mayonnaise, mustard, and cranberries. Taste and season with salt and pepper.
- In a second medium bowl, toss arugula and apple with 1 TBSP olive oil
 (2 TBSP for 4 servings), a squeeze of lemon juice, and a pinch of salt.
 TIP: Stir in more lemon juice for extra tang.
- Fill ciabattas with chicken salad and as much arugula-apple salad as you like.
- Divide sandwiches between plates. Serve remaining arugula-apple salad on the side.

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