



# CHICKEN SAUSAGE, SWEET POTATO & KALE SOUP

with Herb Butter Toast Points

## INGREDIENTS

2 PERSON | 4 PERSON



1 | 2

Yellow Onion



1 | 2

Sweet Potato



4 oz | 4 oz  
Kale



1 tsp | 2 tsp  
Italian Seasoning



9 oz | 18 oz  
Italian Chicken  
Sausage Mix



2 | 4  
Chicken Stock  
Concentrates



1 | 2  
Demi-Baguette  
Contains: Soy, Wheat



¼ Cup | ½ Cup  
Parmesan Cheese  
Contains: Milk

## HELLO

### SWEET POTATO

This versatile tuber adds heft and a touch of sweetness to hearty soup.



PREP: 10 MIN | COOK: 35 MIN | CALORIES: 740





## CHOP CHOP

In step 1, we ask you to remove any large, fibrous stems from your pre-chopped kale. If you prefer smaller pieces of leafy greens in your soup, feel free to chop them down a bit more. You're the chef, after all!

## BUST OUT

- Peeler
- Small bowl
- Large pot
- Kosher salt
- Black pepper
- Olive oil (2 tsp | 2 tsp)
- Butter (2 TBSP | 4 TBSP)  
Contains: Milk

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## 1 PREP

- Adjust rack to top position and preheat oven to 425 degrees. (TIP: If you have a toaster oven, feel free to skip preheating.) Wash and dry all produce.
- Halve, peel, and finely dice onion. Peel and dice sweet potato into ½-inch pieces. Remove and discard any large stems from kale.
- Place 2 TBSP butter (4 TBSP for 4 servings) and a pinch of Italian Seasoning (you'll use the rest later) in a small microwave-safe bowl; bring to room temperature.



## 4 FINISH SOUP

- Once soup has simmered for 7 minutes, uncover pot and stir in kale. Simmer, uncovered, until kale has wilted and sweet potato is tender, 5-7 minutes more. Season generously with salt and pepper.



## 2 COOK ONION & SAUSAGE

- Heat a large drizzle of olive oil in a large pot over medium-high heat. Add onion and cook, stirring occasionally, until softened, 4-5 minutes.
- Add sausage\* and cook, breaking up meat into pieces, until browned and cooked through, 4-6 minutes.



## 5 MAKE TOAST POINTS

- Meanwhile, mix softened butter and Italian Seasoning until thoroughly combined. Season with salt. TIP: If butter is not yet softened, microwave for 5-10 seconds.
- Halve baguette; spread herb butter onto cut sides. Toast cut sides up on top rack (or in a toaster oven) until golden, 3-5 minutes.
- Halve each baguette piece on a diagonal.



## 3 START SOUP

- Stir sweet potato, stock concentrates, remaining Italian Seasoning, 2½ cups water (5 cups for 4 servings), and a big pinch of salt into pot. Cover and bring to a boil, then reduce heat to medium and simmer, covered, for 7 minutes.



## 6 SERVE

- Divide soup between bowls and top with Parmesan. Serve with toast points on the side.

\* Chicken Sausage is fully cooked when internal temperature reaches 165°.