

CHICKEN OVER GARLIC PARMESAN SPAGHETTI

with Tuscan Roasted Tomatoes



HELLO -

TUSCAN HEAT SPICE

Our blend of aromatic Italian-style herbs also packs a pinch of peppery hot pizazz.





Roma Tomatoes





Chicken Cutlets





Parmesan Cheese

PREP: 10 MIN TOTAL: 40 MIN CALORIES: 910

(Contains: Wheat)

30.7 CHICKEN OVER GARLIC PARMESAN SPAGHETTI_NJ.indd 1 7/1/20 15:38

Tuscan Heat

START STRONG

Salt your pasta cooking water generously—a palmful should do the trick. Remember, this is vour only chance to season the spaghetti itself. Doing so will add flavor not only to the pasta but also to the entire dish.

BUST OUT

- Large pot
- Paper towels
- Aluminum foil
- Large pan
- Baking sheet
- Kosher salt
- Strainer
- Black pepper
- Olive oil (4 tsp | 4 tsp)
- Vegetable oil (1 tsp | 1 tsp)
- Butter (3 TBSP | 4 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

· Roma Tomatoes

Garlic

2 | 4 1 Clove | 2 Cloves

• Tuscan Heat Spice

1TBSP | 2 TBSP

 Spaghetti · Chicken Cutlets*

6 oz | 12 oz 10 oz | 20 oz

· Cream Cheese

4 TBSP | 8 TBSP

· Parmesan Cheese

1/4 Cup | 1/2 Cup





PRFP

Adjust rack to middle position and preheat oven to 400 degrees. Bring a large pot of **salted water** to a boil. **Wash** and dry produce. Cut each tomato into 6 wedges. Peel garlic; place whole clove on a small piece of foil. Drizzle with **olive** oil and season with salt and pepper: cinch foil into a packet.



COOK CHICKEN While pasta cooks, pat **chicken** dry with paper towels. Season with 1 tsp **Tuscan Heat Spice** (2 tsp for 4 servings; you'll use the rest in the next step), salt, and pepper. Heat a large drizzle of olive oil in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 3-5 minutes per side. Turn off heat; cover to keep warm. (TIP: If your pan doesn't have a lid, loosely cover with aluminum foil.)



ROAST TOMATOES & & GARLIC

Line a baking sheet with foil and lightly oil. Place tomatoes skin sides down on prepared sheet. Drizzle with olive oil and season with 1 tsp Tuscan Heat Spice (2 tsp for 4 servings; you'll use more later), salt, and pepper. Place garlic foil packet on same sheet. Roast on middle rack until tomatoes have wilted slightly and garlic is softened, 20-25 minutes.



MAKE SAUCE Once **garlic** is done roasting, carefully open foil and mash clove with a fork. Melt 1 TBSP butter in pot used for pasta over medium heat. Add mashed garlic and remaining Tuscan Heat Spice. Stir in cream cheese, 2 **TBSP butter** (3 TBSP for 4 servings), **2**/₃ cup reserved pasta cooking water (1 cup for 4), and half the **Parmesan**

(save the rest for serving). Turn off heat;

season with salt and pepper.



COOK PASTA Once water is boiling, add spaghetti to pot. Cook until al dente, 9-11 minutes. Reserve 3/4 cup pasta cooking water (1½ cups for 4 servings), then drain. Keep empty pot handy for step 5.



FINISH & SERVE Add **spaghetti** to pot with **sauce**; toss to thoroughly combine. (TIP: If needed, stir in more reserved cooking water a splash at a time until pasta is coated in a creamy sauce.) Season with salt and pepper. Slice chicken crosswise. Divide pasta between bowls. Top with chicken and **roasted tomatoes**. Sprinkle with remaining **Parmesan** and serve.

┌SPAGHETT ABOUT IT!

Try this addictive sauce + noodle combo again with pork chops.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com

^{*} Chicken is fully cooked when internal temperature reaches 165 degrees.