

CHORIZO AND BEEF CHILI DINNER

PLUS A CHILI BURRITO FOR LUNCH



– HELLO — **DINNER AND LUNCH**

Cook it once, eat it twice: tonight's dinner extras transform into tomorrow's lunch.

| PREP: 10 MIN | TOTAL: 35 MIN | CALORIES: 610 |
|--------------|----------------------|---------------|
| LUNCH | TOTAL: 5 MIN | CALORIES: 890 |



Kidney Beans



Jalapeño







Spice Blend





Cilantro



12

Cheddar Cheese Roma Tomato (Contains: Milk)



Scallions



Ground Beef

Beef Stock Concentrate

Sour Cream (Contains: Milk)

Tomatoes

Flour Tortillas (Contains: Wheat)





START STRONG

This recipe serves two for dinner and two for lunch. After you've finished with dinner, spend a little time getting everything ready for lunch, which only takes a few short minutes.

BUST OUT

- Small pot
- Strainer
- Large pan
- Oil (2 tsp | 4 tsp)

INGREDIENTS

| Ingredient 2-person 4-person | | |
|---------------------------------------|--|--|
| Yellow Onion 1 2 | | |
| • Kidney Beans 13.4 oz 26.8 oz | | |
| Poblano Pepper | | |
| Scallions 2 4 | | |
| • Jalapeño 🥑 1 2 | | |
| Dried Chorizo 2 oz 4 oz | | |
| • Jasmine Rice 3/4 Cup 11/2 Cups | | |
| Ground Beef 10 oz 20 oz | | |
| Enchilada Spice Blend 1 TBSP 2 TBSP | | |
| Beef Stock Concentrate | | |
| Crushed Tomatoes 13.76 oz 27.52 oz | | |
| Sour Cream 6 TBSP 12 TBSP | | |
| Cheddar Cheese 1 Cup 2 Cups | | |
| • Cilantro 1/4 oz 1/2 oz | | |
| ADD FOR LUNCH | | |
| Roma Tomato 1 2 | | |
| Flour Tortillas 2 4 | | |

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PREP

Wash and dry all produce. Bring 1¼ cups water and a pinch of salt to a boil in a small pot. Halve, peel, and finely dice onion. Drain and rinse kidney beans. Core and seed poblano, then cut into 1/2-inch squares. Thinly slice scallions, keeping greens and whites separate. Slice jalapeño into rounds, removing ribs and seeds first for less heat. Cut chorizo into small cubes.



SIMMER CHILI Stir stock concentrate, beans, crushed tomatoes, and 1 cup water into veggie mixture in pan. Bring to a boil, then lower heat and reduce to a simmer. Stir in **beef** and continue simmering until thick and saucy, 5-10 minutes. Season with salt and pepper. Fluff **rice** with a fork, then season with salt and pepper.



COOK RICE AND BEEF

Once water is boiling, add **rice** to pot. Cover, lower heat, and reduce to a gentle simmer. Cook until tender, about 15 minutes. Meanwhile, heat a drizzle of **oil** in a large pan over medium-high heat. Add **beef** and half the **enchilada spice**, breaking up meat into pieces. Cook, tossing, until browned and cooked through, about 6 minutes. Season with salt and pepper.



SERVE CHILI

Divide half the **rice** between bowls or plates, then add half the chili to the side. Dollop with **2 TBSP sour cream** (1 pack) and ¹/₄ of the **cheddar**. Garnish with scallion greens and a few jalapeño slices (to taste). Tear half the cilantro leaves from stems and scatter over top (save a bit of everything for lunch).

AMAZING!



COOK VEGGIES AND CHORIZO

Remove **beef** from pan and set aside. Heat a drizzle of **oil** in same pan over medium-high heat. Add onion, poblano, and scallion whites and give everything a toss. Stir in **chorizo** and remaining enchilada spice and cook, tossing, until veggies are softened, 4-5 minutes.



MAKE BURRITOS

When packing your lunch, slice tomato into rounds. Divide tomato, tortillas, and remaining sour cream, cheddar, chili, rice, jalapeño, and **cilantro** between lunch boxes, keeping everything separate. When you're ready to eat, warm chili in microwave. Spread sour cream on one side of a tortilla, then fill with ingredients from your lunch box. Roll to make burritos.