



# CREAMY CHIVE CHICKEN

with Lemony Rice & Dijon-Apple Salad



**HELLO**

The SnapDragon pairs beautifully with cheese and wine but is equally fantastic with a smear of peanut butter. It's the perfect healthy snack alternative.

**PREP: 5 MIN**

**TOTAL: 30 MIN**

**CALORIES: 640**



Hudson River Fruit  
SnapDragon Apple



Chives



Lemon



Jasmine Rice



Dijon Mustard



Chicken Breasts



Chicken Stock  
Concentrate



Sour Cream  
(Contains: Milk)



Mixed Greens



## START STRONG

Mustard will help the oil and lemon juice emulsify (chef speak for combining elements that don't normally like each other) in step 3, but it's natural for a vinaigrette to separate over time—a quick stir or whisk will get the dressing ready to go if it does.

## BUST OUT

- Zester
- Small pot
- Medium bowl
- Paper towels
- Sugar (½ tsp | 1 tsp)
- Olive oil (5 tsp | 8 tsp)
- Butter (1 TBSP | 2 TBSP)  
(Contains: Milk)
- Large pan
- Kosher salt
- Black pepper

## INGREDIENTS

Ingredient **2-person** | **4-person**

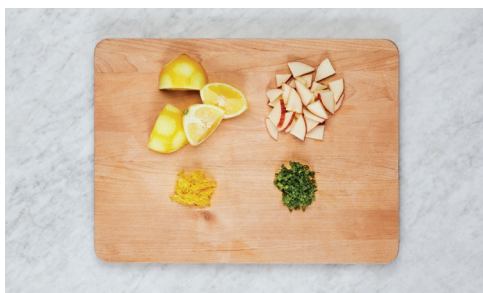
- Hudson River Fruit SnapDragon Apple **1 | 1**
- Chives **¼ oz | ½ oz**
- Lemon **1 | 2**
- Jasmine Rice **½ Cup | 1 Cup**
- Dijon Mustard **2 tsp | 4 tsp**
- Chicken Breasts\* **12 oz | 24 oz**
- Chicken Stock Concentrate **1 | 2**
- Sour Cream **2 TBSP | 4 TBSP**
- Mixed Greens **2 oz | 4 oz**

\* Chicken is fully cooked when internal temperature reaches 165 degrees.

## WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.

[HelloFresh.com/Wine](https://www.hellofresh.com/wine)



## 1 PREP

**Wash and dry all produce.** Halve and core **apple**; quarter one half lengthwise, then thinly slice crosswise into triangles (quarter and slice whole apple for 4 servings). Mince **chives**. Zest and quarter **lemon** (quarter both lemons for 4).



## 4 COOK CHICKEN

Pat **chicken** dry with paper towels; season all over with **salt** and **pepper**. Heat a large drizzle of **olive oil** in a large, preferably nonstick, pan over medium-high heat. Add chicken and cook until browned and cooked through, 5-7 minutes per side. Turn off heat; transfer to a plate. Wipe out pan.



## 2 COOK RICE

In a small pot, combine **rice**, **¾ cup water** (1½ cups water for 4 servings), and a pinch of **salt**. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15-18 minutes. Keep covered off heat until ready to serve.



## 5 MAKE SAUCE

Heat pan used for chicken over medium-high heat. Add **stock concentrate**, remaining **mustard**, **¼ cup water** (⅓ cup for 4 servings), and a squeeze of **lemon juice**. Simmer until slightly thickened, 1-2 minutes. Turn off heat. Stir in **sour cream** and remaining **chives**. (**TIP:** If sauce seems too thick, add more water 1 tsp at a time until it reaches drizzling consistency.) Season with **salt** and **pepper**.



## 3 MAKE VINAIGRETTE

While rice cooks, in a medium bowl, combine **1 TBSP olive oil** (2 TBSP for 4 servings), juice from half the **lemon**, half the **mustard**, **½ tsp sugar** (1 tsp for 4), **salt**, and **pepper**. Stir in half the **chives**. Set aside.



## 6 FINISH & SERVE

Fluff **rice** with a fork; stir in **1 TBSP butter** (2 TBSP for 4 servings) and **lemon zest**. Season with **salt** and **pepper**. Add **mixed greens** and **apple** to bowl with **vinaigrette**. Season with **salt** and **pepper**; toss to combine. Divide **chicken**, **rice**, and **salad** between plates. Drizzle chicken with **sauce**. Cut remaining **lemon** into wedges and serve on the side.

## DOUBLE TAKE

Try making this bright and lemony pan sauce again with pork chops.

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