

HALL OF FAME

CREAMY DILL CHICKEN

with Roasted Potatoes and Green Beans



HELLO -

HALL OF FAME

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!

PREP: 10 MIN TOTAL: 30 MIN

CALORIES: 430



Yukon Gold

Potatoes



Chicken Breasts



Green Beans



Sour Cream (Contains: Milk)



Chicken Stock Concentrate



Dijon Mustard

39.1 Pan-Seared Chicken_HOF_NJ.indd 1 9/6/17 1:27 PM

START STRONG

What makes this recipe worthy of the HelloFresh Hall of Fame? According to our customers, it's the tasty dill sauce—as you're making it, be sure to scrape up any browned bits left by the chicken.

BUST OUT

- 2 Baking sheets
- Large pan
- Paper towel
- Oil (1 TBSP | 2 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

• Dill 1/4 oz | 1/4 oz

• Yukon Gold Potatoes 12 oz | 24 oz

Chicken Breasts
 12 oz | 24 oz

Green Beans 6 oz | 12 oz

Sour Cream
 TBSP | 4 TBSP

Chicken Stock Concentrate
 1 2

• Dijon Mustard 1tsp | 2 tsp

HELLO WINE



The Boardwalk Clarksburg
California Chardonnay, 2015

HelloFresh.com/Wine





PREHEAT AND PREP

Wash and dry all produce. Preheat oven to 450 degrees. Pick fronds from dill; discard stems. Finely chop fronds. Cut potatoes into ½-inch cubes. TIP: A wood cutting board is a dependable foundation for your slice work and gentler on knives, too. Get one at HelloFresh.com/Shop



ROAST GREEN BEANS
While chicken cooks, toss green
beans on another baking sheet with
a drizzle of oil and a pinch of salt and
pepper. Roast in oven until tender, 10-12
minutes.



2 ROAST POTATOES Toss potatoes on a baking sheet with a drizzle of oil and a pinch of salt

with a drizzle of **oil** and a pinch of **salt** and **pepper**. Roast in oven until crisp and browned, 22-25 minutes, tossing halfway through.



COOK CHICKEN

Heat a drizzle of **oil** in a large pan over medium heat. Pat **chicken** dry with a paper towel. Season all over with **salt** and **pepper**. Add to pan and cook until no longer pink in center, 4-6 minutes per side. Remove chicken from pan and set aside to rest



MAKE SAUCE

Stir together 1 tsp dill, sour cream, stock concentrate, 1 tsp mustard (we sent more), and 2 TBSP water in pan used for chicken over medium heat.

Season with salt and pepper. (TIP: If sauce seems thick, add more water, 1 tsp at a time, until it has a drizzly consistency.) Remove pan from heat.



PLATE AND SERVE

Thinly slice **chicken**, then divide between plates along with **potatoes** and **green beans**. Drizzle **sauce** over everything. Garnish with remaining **dill** (to taste).

BIG DILL! -

You'll be swiping every last drop of sauce off your plate.

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