



# CREAMY DREAMY MUSHROOM CAVATAPPI

with Scallions & Parmesan

## INGREDIENTS

2 PERSON | 4 PERSON



8 oz | 16 oz  
Cremini  
Mushrooms



2 | 2  
Scallions



6 oz | 12 oz  
Cavatappi Pasta  
Contains: Wheat



1 TBSP | 2 TBSP  
Flour  
Contains: Wheat



6.75 oz | 13.5 oz  
Milk  
Contains: Milk



2 TBSP | 4 TBSP  
Cream Cheese  
Contains: Milk



2 TBSP | 4 TBSP  
Garlic Herb  
Butter  
Contains: Milk



¼ Cup | ½ Cup  
Parmesan Cheese  
Contains: Milk

## HELLO

### CAVATAPPI

This bouncy, springy pasta shape takes its name from the Italian word for "corkscrew."



PREP: 5 MIN | COOK: 30 MIN | CALORIES: 760



## SMOOTH MOVES

In step 4, you'll make a béchamel (aka a flour-thickened sauce). Make sure to stir the flour constantly after adding, then pour in the milk and reserved pasta cooking water while whisking—this will make your sauce silky smooth.

## BUST OUT

- Medium pot
- Large pan
- Paper towels
- Strainer
- Whisk
- Kosher salt
- Black pepper
- Olive oil (**2 tsp** | **2 tsp**)
- Butter (**2 TBSP** | **4 TBSP**)  
Contains: Milk

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### 1 PREP

- Bring a medium pot of **salted water** to a boil. **Wash and dry all produce.**
- Trim and slice **mushrooms** into ¼-inch-thick pieces. Trim and thinly slice **scallions**, separating whites from greens.



### 2 COOK MUSHROOMS

- Heat a **large drizzle of olive oil** in a large pan over medium-high heat. Add **mushrooms**; season with **salt** and **pepper**. Cook, stirring occasionally, until browned and slightly crispy, 5-7 minutes.
- Turn off heat; transfer to a paper-towel-lined plate. Wash out pan.



### 3 COOK PASTA

- Once water is boiling, add **cavatappi** to pot. Cook, stirring occasionally, until al dente, 9-11 minutes.
- Reserve **1 cup pasta cooking water**, then drain.



### 4 SIMMER SAUCE

- While pasta cooks, melt **2 TBSP plain butter (4 TBSP for 4 servings)** in pan used for mushrooms over medium-high heat. Add **scallion whites** and cook until just softened, 1 minute.
- Add **flour** and cook, stirring, until lightly browned, 1-2 minutes.
- Whisk in **milk** and **½ cup reserved pasta cooking water (½ cup for 4)**, breaking up any flour clumps. Simmer until slightly thickened, 3-4 minutes.



### 5 FINISH PASTA

- Stir **cream cheese** into pan with **sauce** until melted.
- Stir in **mushrooms**, drained **cavatappi**, and **garlic herb butter**. Season with **salt** and **pepper**. **TIP: If needed, stir in more reserved pasta cooking water a splash at a time until everything is coated in a creamy sauce.**



### 6 SERVE

- Divide **pasta** between bowls and sprinkle with **Parmesan** and **scallion greens**. Serve.