CREAMY LEMON BUTTER CHICKEN

with Mozzarella Zucchini Rounds & Scallion Couscous



These tiny toasted pasta pieces become fluffy once cooked.



Lemon

Scallions



Israeli Couscous

(Contains: Wheat)



Chicken Cutlets

Heat Panko Br



Panko Breadcrumbs (Contains: Wheat)



Mozzarella Cheese

(Contains: Milk)



Chicken Stock



START STRONG

If you're left with any toasty, cheesy crumbles around your zucchini rounds after broiling in step 5, don't toss them out! Instead, sprinkle them on top of your finished dish for extra crunch and deliciousness.

BUST OUT

Small pot

- Zester
- Baking sheet Kosher salt
- Paper towels
 Black pepper
- Large pan
- Olive oil (2 tsp | 2 tsp)
- Vegetable oil (1 TBSP | 1 TBSP)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)

— INGREDIENTS —	
Ingredient 2-person 4-person	
Scallions	2 4
• Lemon	1 2
Zucchini	1 2
• Tuscan Heat Spice 🧹	1 TBSP 2 TBSP
Chicken Cutlets*	10 oz 20 oz
Israeli Couscous	½ Cup 1 Cup
Panko Breadcrumbs	¼ Cup ½ Cup
Mozzarella Cheese	½ Cup 1 Cup
Chicken Stock Concentrate	
Sour Cream	2 TBSP 4 TBSP

* Chicken is fully cooked when internal temperature reaches 165 degrees.







PREP

Adjust rack to top position and preheat oven to 425 degrees. **Wash** and dry all produce. Trim and thinly slice scallions, separating whites from greens. Zest and halve **lemon** (halve both lemons for 4 servings). Trim and slice zucchini into ¹/₃-inch-thick rounds.



2 ROAST ZUCCHINI Toss **zucchini** on a baking sheet with a large drizzle of **olive oil**, half the **Tuscan Heat Spice** (you'll use the rest later), **salt**, and **pepper**. Roast on top rack until golden brown and tender, 14-16 minutes.



Z COOK CHICKEN

Meanwhile, pat **chicken** dry with paper towels; season with **salt**, **pepper**, and remaining **Tuscan Heat Spice**. Heat a large drizzle of **oil** in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 3-5 minutes per side. Turn off heat; transfer chicken to a plate. Wipe out pan.



6 FINISH & SERVE Add 1 TBSP butter (2 TBSP for 4 servings), half the lemon zest, juice from half the lemon (whole lemon for 4), half the scallion greens, salt, and pepper to pot with couscous; stir to combine. (TIP: If couscous seems dry, add a splash of water.) Divide couscous, chicken, and zucchini between plates. Spoon sauce over chicken. Top with remaining scallion greens and lemon zest and serve.

- ON REPEAT

Can't get enough of the cheesy panko topping? Try it again with roasted Brussels sprouts.



MAKE SCALLION COUSCOUS

Heat a drizzle of **oil** in a small pot over medium-high heat. Add **scallion whites**; cook until softened, 1-2 minutes. Add **couscous**; stir until toasted, 30 seconds. Add **¾ cup water** (1½ cups for 4 servings) and a pinch of **salt**. Cover and bring to a boil. Once boiling, reduce heat to low. Cook until water has absorbed and couscous is tender, 6-8 minutes. Keep covered off heat until ready to serve.



5 BROIL ZUCCHINI & MAKE SAUCE

Once **zucchini** is tender, remove from oven. Heat broiler to high or oven to 500 degrees. Sprinkle zucchini with **panko** and **mozzarella**. Broil or bake until browned and crispy, 2-5 minutes. (**TIP:** Watch carefully to avoid burning.) Heat pan used for chicken over medium heat. Add **stock concentrate**, **1/4 cup water** (**1/3** cup for 4 servings), and **lemon juice** to taste. Simmer until slightly reduced, 1-2 minutes. Stir in **sour cream**, **1 TBSP butter** (2 TBSP for 4), and any **resting juices** from chicken. Season with **salt** and **pepper**. Turn off heat.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com | hello@hellofresh.com

NK 1 NJ-5