

CRISPY CHEDDAR CHICKEN

with Loaded Bacon Mashed Potatoes & Asparagus



= HELLO ----

LOADED MASHED POTATOES

The best parts of a loaded baked potato (hello cheddar, sour cream, bacon, and chives) stirred into a creamy mash to up your side game

PREP: 10 MIN

TOTAL: 40 MIN

CALORIES: 1030



Yukon Gold Potatoes



Asparagus



Chives



Fry Seasoning



Panko Breadcrumbs Cheddar Cheese (Contains: Milk)



Chicken Breasts



Mayonnaise (Contains: Eggs)

Bacon

Sour Cream (Contains: Milk)

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(Contains: Wheat)

START STRONG:

Don't! Toss! That! Bacon! Fat! Instead, let it cool slightly in the pan after cooking in step 3, then transfer to a small bowl. You can stir a bit into vour mashed potatoes in step 5 (you only live once!). Or, use it to pop popcorn

BUST OUT:

- Baking sheet
- Strainer
- Medium bowl
- Potato masher
- Paper towels
- Kosher salt
- Large pot
- Black pepper
- Large pan
- Vegetable oil (1 tsp | 1 tsp)
- Olive oil (1 tsp | 1 tsp)
- Butter (2 TBSP | 4 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

 Yukon Gold Potatoes 12 oz | 24 oz

6 oz | 12 oz Asparagus

 Chives 1/4 oz | 1/2 oz

• Panko Breadcrumbs ¼ Cup | ½ Cup

1 TBSP | 2 TBSP

12 oz | 24 oz

• Fry Seasoning

· Cheddar Cheese 1/2 Cup | 1 Cup

2 TBSP | 2 TBSP

Chicken Breasts*

Bacon*

 Mayonnaise 4 oz | 8 oz

 Sour Cream 2 TBSP | 4 TBSP

- * Chicken is fully cooked when internal temperature reaches 165 degrees.
- * Bacon is fully cooked when internal temperature reaches 145 degrees.





PRFP & MAKE CRUST Preheat oven to 425 degrees. Lightly oil a baking sheet. Wash and dry all produce. Dice **potatoes** into ½-inch pieces. Trim and discard woody bottom ends from asparagus. Finely chop chives. Place 1 TBSP butter (2 TBSP for 4 servings) in a medium microwave-safe bowl; microwave until melted, 30 seconds. Stir in panko, half the Fry Seasoning, half the cheddar, salt, and pepper.



ROAST ASPARAGUS & FINISH CHICKEN

Once **chicken** is lightly browned, remove sheet from oven. Carefully toss asparagus on empty side with a drizzle of olive oil, salt, and **pepper**. (For 4 servings, add asparagus to a second sheet; roast on middle rack.) Continue roasting until asparagus is tender and chicken is cooked through, 10-12 minutes more. **TIP:** For a deeply golden crust, broil chicken for the last 2-3 minutes.

Return potatoes to pot and add sour cream, remaining cheddar, and 1 TBSP butter (2 TBSP for 4 servings). Mash until smooth and creamy, adding splashes of Stir in half the **bacon** and half the **chives**.

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START CHICKEN Pat **chicken** dry with paper towels; season with remaining Fry Seasoning, salt, and pepper. Place on one side of prepared sheet (for 4 servings, spread out across entire sheet). Evenly spread a thin layer of **mayonnaise** onto tops of chicken (you might not use all the mayo); mound with **panko mixture**, pressing to adhere (no need to coat the undersides). Roast on top rack until lightly browned, 10-15 minutes (you'll add the asparagus then).



MASH POTATOES Once **potatoes** are tender, reserve ½ cup potato cooking liquid, then drain. reserved potato cooking liquid as needed. Season with **salt** and **pepper**.



Z COOK POTATOES & BACON While chicken roasts, place potatoes in a large pot with enough salted water to cover by 2 inches. Bring to a boil and cook until tender. 15-20 minutes. Meanwhile, place bacon in a large, dry pan over medium-high heat. Cook, turning occasionally, until crispy, 6-10 minutes. Turn off heat: transfer to a paper-towel-lined plate. Once bacon is cool enough to handle, roughly chop.



6 SERVE Divide **chicken**, **potatoes**, and asparagus between plates. Top potatoes with remaining **bacon** and **chives**. Serve.

HIGH SPFAR-ITS =

You can also turn roasted asparagus into an easy appetizer by topping it with a squeeze of lemon juice and fresh-grated Parm.