

CRISPY CHICKEN THIGHS

with a Cucumber Tomato Salad and Brown Butter Corn



HELLO BROWN BUTTER

Toasting butter in the pan gives it an incredible nutty flavor and aroma.



Persian

Cucumbers





Lemon









PREP: 10 MIN TOTAL: 30 MIN

CALORIES: 690

Chives





Panko Breadcrumbs Chicken Thighs

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START STRONG

To prep the corn, lay the cob flat on your cutting board and cut down the sides to remove the kernels, rotating as necessary to get them all.

BUST OUT

- 2 Medium bowls
- Large bowl
- 2 Large pans
- Olive oil (4 tsp | 8 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)



PREHEAT AND PREP
Wash and dry all produce. Adjust
rack to middle position and preheat oven
to 400 degrees. Cut corn kernels from
cob. Slice cucumbers into thin rounds.
Halve tomatoes lengthwise. Thinly slice
chives. Cut lemon into wedges.



Place cucumbers, tomatoes, 1
TBSP chives, and a large drizzle of olive oil in a medium bowl and toss to combine. Season with salt and pepper. Set aside.



Stir together panko, fry seasoning, and a large pinch of salt and pepper in a large bowl. In another medium bowl, toss chicken with sour cream and a large pinch of salt and pepper, coating all over. Press chicken into panko mixture, coating all over in crumbs.

INGREDIENTS

Ingredient 2-person | 4-person

• Corn on the Cob 1|2 2 | 4 • Persian Cucumbers Grape Tomatoes 4 oz | 4 oz 1/4 oz | 1/4 oz Chives • Lemon 1|2 • Panko Breadcrumbs 1/2 Cup | 1 Cup Fry Seasoning 1 TBSP | 2 TBSP Chicken Thighs 12 oz | 24 oz

• Sour Cream 2 TBSP | 4 TBSP



Heat a large drizzle of **olive oil** in a large pan over medium-high heat (use an ovenproof pan if you have one). Add **chicken** and cook until crust is browned, 3-4 minutes per side. (TIP: Lower heat if crumbs brown too fast.) Transfer pan to oven and roast chicken until no longer pink in center, about 8 minutes (transfer chicken to a baking dish first if your pan isn't ovenproof).



Meanwhile, melt 1 TBSP butter in another large pan over medium heat.

Add corn and cook, tossing, until kernels are a deep golden and butter is slightly browned and nutty-smelling. Season with salt and pepper.



PLATE AND SERVE
Divide corn, salad, and chicken
between plates. Squeeze a bit of lemon
over chicken. Garnish with remaining
chives and serve with any remaining
lemon wedges on the side.





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IRRESISTIBLE!

All the crunchy goodness of fried chicken without the actual frying

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