



# **CRISPY SOUTHWESTERN CHICKEN CUTLETS**

with Monterey Jack, Mashed Potatoes, and Roasted Poblanos and Onions



# HELLO -

## **SOUR CREAM**

This cool, creamy spread adds tang to mashed potatoes and acts as a binder for the chicken's crispy coating.

PREP: 10 MIN TOTAL: 30 MIN CALORIES: 690



Yukon Gold Potatoes



Poblano Peppers

Panko Breadcrumbs



Monterey Jack Cheese (Contains: Milk)



Southwest Spice Blend



Chili Powder



Chicken Cutlets



Sour Cream (Contains: Milk)



Hot Sauce

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#### **START STRONG**

Use a basting brush or the back of a spoon to coat the chicken with sour cream in step 3. Just make sure to spread it evenly—this will allow the panko to stick and form a delicious crust.

#### **BUST OUT**

- Medium pot
- · Paper towels
- Strainer
- Potato masher
- Medium bowl
- · Baking sheet
- Olive oil (4 tsp)
- Vegetable oil (1 tsp)
- Butter (4 TBSP) (Contains: Milk)

#### **INGREDIENTS**

Ingredient 4-person

| Yukon Gold Potatoes   | 24 oz  |
|-----------------------|--------|
| Yellow Onions         | 2      |
| Poblano Peppers       | 2      |
| Panko Breadcrumbs     | 1 Cup  |
| Monterey Jack Cheese  | ½ Cup  |
| Southwest Spice Blend | 2 tsp  |
| Chili Powder          | 2 tsp  |
| Chicken Cutlets       | 20 oz  |
| Sour Cream            | 8 TBSP |
| Hot Sauce             | 2 tsp  |

**WINE CLUB** 

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Adjust rack to middle position and preheat oven to 425 degrees. Wash and dry all produce. Dice potatoes into ½-inch pieces. Place in a medium pot with enough salted water to cover by 1 inch. Bring to a boil over mediumhigh heat and cook until tender, 15-18 minutes. Reserve ¾ cup cooking water, then drain and return to pot. Cover.



# BAKE CHICKEN AND VEGGIES

Toss **onions** and **poblanos** on other side of sheet with a large drizzle of **olive oil**, **salt**, **pepper**, and remaining **chili powder**. (**TIP:** Divide chicken and veggies between 2 sheets, if necessary, to encourage even browning.) Bake until **chicken** is browned and cooked through and veggies are tender and slightly crispy, 15-18 minutes.



PREP
Meanwhile, halve, peel, and thinly
slice onions. Halve, deseed, and thinly
slice poblanos. In a medium bowl,
combine panko, cheese, a large drizzle
of olive oil, 2 tsp Southwest Spice (we
sent more), half the chili powder, salt,
and pepper.



Using a potato masher or fork, mash potatoes until mostly smooth.
Stir in remaining sour cream, 4 TBSP butter, and half the reserved cooking water. (TIP: If mixture is too thick, stir in remaining reserved water, a splash at a time, until creamy.) Season with salt and pepper.



COAT CHICKEN
Lightly oil a baking sheet (or spray sheet with nonstick cooking spray). Pat chicken dry with paper towels; season with salt and pepper and place on one side of prepared sheet. Evenly brush tops of chicken with half the sour cream (save the rest for later). Sprinkle panko mixture onto brushed sides, pressing to adhere.



SERVE
Divide mashed potatoes and
chicken between plates. Top with
roasted veggies. (For picky eaters, serve
the veggies on the side.) Serve with hot
sauce for drizzling over.

### **FRESH TALK**

Did you know that the chicken is the closest living relative to Tvrannosaurus rex?

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