

CRISPY SOUTHWESTERN CHICKEN BREASTS

with Monterey Jack, Mashed Potatoes, and Roasted Poblano and Onion



HELLO -**SOUR CREAM**

This creamy-cool condiment adds tang to mashed potatoes and acts as a binder for the chicken's crispy coating.





Yukon Gold Potatoes

Yellow Onion



Panko Breadcrumbs

Poblano Pepper



Monterey Jack Cheese



Southwest Spice Blend



Chili Powder



Chicken Breasts



Sour Cream (Contains: Milk)



Hot Sauce

PREP: 10 MIN TOTAL: 30 MIN CALORIES: 730

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START STRONG

Our trick for the creamiest-ever mashed potatoes? Always save a scoop of potato cooking liquid before draining. Adding a few splashes of that starchy liquid while mashing helps your potatoes reach a smooth consistency.

BUST OUT

- Medium pot
- Kosher salt
- Strainer
- Black pepper
- Medium bowl
- Paper towels
- Baking sheet
- Potato masher
- Olive oil (1 TBSP | 1 TBSP)
- Vegetable oil (2 tsp | 4 tsp)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

Yukon Gold Potatoes
 12 oz | 24 oz

Yellow Onion

1 | 2

• Poblano Pepper 🚤

1 | 2

• Panko Breadcrumbs

1/2 Cup | 1 Cup

Monterey Jack Cheese

1/4 Cup | 1/2 Cup

Southwest Spice Blend

1 tsp | 2 tsp

Chili Powder

1 tsp | 2 tsp

Chicken Breasts*

12 oz | 24 oz

• Sour Cream

4 TBSP | 8 TBSP

Hot Sauce

1 tsp | 2 tsp

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.







Preheat oven to 425 degrees. Wash and dry all produce. Dice potatoes into ½-inch pieces. Place in a medium pot with enough salted water to cover by 2 inches. Bring to a boil and cook until tender, 15-20 minutes. Reserve ½ cup potato cooking liquid, then drain and return potatoes to pot. Keep covered off heat.



FINISH CHICKEN AND VEGGIES

Once **veggies** have roasted 5 minutes, remove sheet from oven; add **chicken** to empty side. (For 4 servings, add chicken to a second baking sheet.) Roast until chicken is browned and cooked through and veggies are tender and slightly crisp, 15-20 minutes. **TIP:** Veggies may finish before chicken is done. If so, remove from sheet and continue roasting chicken.



PREP AND START VEGGIES
Meanwhile, halve, peel, and thinly
slice onion. Core, deseed, and thinly slice
poblano. In a medium bowl, combine
panko, Monterey Jack, Southwest
Spice, a drizzle of olive oil, half the chili
powder, salt, and pepper; set aside.
Toss onion and poblano on one side of a
baking sheet with a large drizzle of olive
oil, salt, pepper, and remaining chili
powder. (For 4, spread out across whole
sheet.) Roast for 5 minutes.



Mash Potatoes
Meanwhile, mash potatoes until
mostly smooth. Stir in 2 TBSP butter
(4 TBSP for 4 servings) and remaining
sour cream. Add splashes of reserved
potato cooking liquid as needed until
smooth and creamy. Season with salt
and pepper.



While veggies roast, pat chicken dry with paper towels; season with salt and pepper. Evenly brush tops of chicken with half the sour cream (save the rest for later). Mound panko mixture onto brushed sides, pressing to adhere. Drizzle tops of coated chicken with oil.



SERVEDivide **chicken** and **mashed potatoes** between plates. Top with **roasted veggies**. Serve with **hot sauce**for drizzling over if desired.

GOOD CLUCK

For an upgraded childhood favorite, try coating chicken tenders with this spicy, cheesy panko mixture.

this spicy,

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^{*} Chicken is fully cooked when internal temperature reaches 165 degrees.