



# GARLIC HERB BUTTER STEAK & LOBSTER TAIL

with Lemony Broccoli & Chive Crème Fraîche Mashed Potatoes

## INGREDIENTS

2 PERSON | 4 PERSON



1/4 oz | 1/2 oz  
Chives



1 | 2  
Lemon



7 oz | 14 oz  
Lobster Tails  
Contains: Shellfish



12 oz | 24 oz  
Yukon Gold  
Potatoes



4 TBSP | 8 TBSP  
Crème Fraîche  
Contains: Milk



8 oz | 16 oz  
Broccoli Florets



4 TBSP | 8 TBSP  
Garlic Herb  
Butter  
Contains: Milk



10 oz | 20 oz  
Ranch Steak



1 TBSP | 1 TBSP  
Bold & Savory  
Steak Spice

## HELLO

### SURF & TURF

The classic chophouse pairing of steak and lobster tail gets extra rich, luxurious flavor from garlic herb butter.



PREP: 10 MIN | COOK: 40 MIN | CALORIES: 870



## SHELL YEAH

Cooking the lobster tails in their shells makes the meat so much easier to remove once it's time to dig in—plus, it adds great flavor to the finished dish. Work carefully and cut slowly in step 1 to make sure you only slice through the shells, not the meat. You'll thank yourself come dinnertime!

## BUST OUT

- Zester
- Kitchen shears
- Medium pot
- Strainer
- Potato masher
- Baking sheet
- Small bowl
- Paper towels
- Large pan
- Aluminum foil
- Kosher salt
- Black pepper
- Olive oil (1 tsp | 1 tsp)
- Vegetable oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP)  
Contains: Milk

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\* Lobster is fully cooked when internal temperature reaches 145°.  
\* Steak is fully cooked when internal temperature reaches 145°.



### 1 PREP

- Adjust rack to top position and preheat oven to 425 degrees. **Wash and dry all produce.**
- Mince **chives**; reserve 1 tsp (**2 tsp for 4 servings**) for step 5 (you'll use remaining in the next step). Zest and halve **lemon**; slice half into ¼-inch-thick rounds.
- Using kitchen shears, cut along underside of each **lobster\*** shell, leaving meat intact and stopping at tail; pull sides of shell apart to expose meat (do not remove meat from shell).



### 4 COOK STEAK

- Pat **steak\*** dry with paper towels; season all over with **half the Steak Spice (all for 4 servings)**, **salt**, and **pepper**.
- Heat a **drizzle of oil** in a large, preferably nonstick, pan over medium-high heat. Add steak and cook to desired doneness, 3-6 minutes per side.
- Turn off heat; transfer steak to a cutting board and cover loosely with foil. Wipe out pan.



### 2 MAKE MASHED POTATOES

- Dice **potatoes** into ½-inch pieces. Place in a medium pot with enough **salted water to cover by 2 inches**. Bring to a boil and cook until tender, 15-20 minutes.
- Reserve **½ cup potato cooking liquid**, then drain and return potatoes to pot. Mash with **crème fraîche** and **1 TBSP plain butter (2 TBSP for 4 servings)** until smooth and creamy, adding splashes of reserved potato cooking liquid as needed.
- Stir in **remaining chives** and season with **salt** and **pepper**. Cover to keep warm.



### 5 COOK LOBSTER

- Heat same pan over medium-high heat. Add **lobster tails** cut sides up with a **splash of water**. Cover pan and cook until lobster is slightly opaque and almost cooked through, 3 minutes.
- Uncover pan and add **half the softened garlic herb butter** (save the rest for serving); spoon melted butter over lobster until meat is opaque and cooked through, 1 minute more.
- Stir in **reserved chives** and **remaining lemon zest**; season with **salt** and **pepper**.



### 3 ROAST BROCCOLI

- While potatoes cook, cut **broccoli florets** into bite-size pieces if necessary. Toss broccoli and **lemon rounds** on a baking sheet with a **drizzle of olive oil, salt**, and **pepper**.
- Roast on top rack until broccoli is golden brown and crispy, 15-20 minutes. Carefully toss with **half the lemon zest**.
- Meanwhile, place **garlic herb butter** in a small microwave-safe bowl; microwave until just softened, 5-10 seconds.



### 6 FINISH & SERVE

- Thinly slice **steak** against the grain. Using a chef's knife, halve **lobster tails** lengthwise. **TIP: If you don't have a chef's knife, use a large, sharp knife.**
- Divide steak, lobster, **potatoes**, and **broccoli** between plates. Dollop steak with **remaining softened garlic herb butter**. Spoon any melted garlic herb butter from pan over lobster. Cut **remaining lemon** into wedges; serve on the side.