

# **INGREDIENTS**

2 PERSON | 4 PERSON





7 oz | 14 oz **Lobster Tails Contains: Shellfish** 



4 TBSP | 8 TBSP Crème Fraîche Contains: Milk



4 TBSP | 8 TBSP Garlic Herb Butter



1 TBSP | 1 TBSP Bold & Savory Steak Spice



Lemon



12 oz | 24 oz Yukon Gold Potatoes\*



8 oz | 16 oz Broccoli Florets



10 oz | 20 oz Ranch Steak

\*The ingredient you received may be a different color.

# **HELLO**

# **SURF & TURF**

The classic chophouse pairing of steak and lobster tail gets extra-rich, luxurious flavor from garlic herb butter.

# **GARLIC HERB BUTTER STEAK & LOBSTER TAIL**

with Lemony Broccoli & Chive Crème Fraîche Mashed Potatoes



PREP: 10 MIN

COOK: 40 MIN | CALORIES: 870



#### SHELL YEAH

Cooking the lobster tails in their shells makes the meat so much easier to remove once it's time to dig in—plus, it adds great flavor to the finished dish. Work carefully and cut slowly in step 1 to make sure you only slice through the shells, not the meat. You'll thank yourself come dinnertime!

# **BUST OUT**

- Zester
- Kitchen shears
- Medium pot
- Strainer
- Potato masher
- · Baking sheet
- Small bowl
- · Paper towels
- Large pan
- Aluminum foil
- Kosher salt
- Black pepper
- Olive oil (1 tsp | 1 tsp)
- Vegetable oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP)

  Contains: Milk

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- \* Lobster is fully cooked when internal temperature reaches 145°.
- \* Steak is fully cooked when internal temperature reaches 145°



#### 1 PREP

- Adjust rack to top position and preheat oven to 425 degrees. Wash and dry all produce.
- Mince chives; reserve 1 tsp (2 tsp for 4 servings) for step 5 (you'll use remaining in the next step). Zest and halve lemon; slice half into ¼-inchthick rounds.
- Using kitchen shears, cut along underside of each lobster\* shell, leaving meat intact and stopping at tail; pull sides of shell apart to expose meat (do not remove meat from shell).



## **4 COOK STEAK**

- Pat steak\* dry with paper towels; season all over with half the Steak
   Spice (all for 4 servings), salt, and pepper.
- Heat a drizzle of oil in a large, preferably nonstick, pan over mediumhigh heat. Add steak and cook to desired doneness, 3-6 minutes per side.
- Turn off heat; transfer steak to a cutting board and cover loosely with foil. Wipe out pan.



# **2 MAKE MASHED POTATOES**

- Dice potatoes into ½-inch pieces.
   Place in a medium pot with enough salted water to cover by 2 inches.
   Bring to a boil and cook until tender, 15-20 minutes.
- Reserve ½ cup potato cooking liquid, then drain and return potatoes to pot. Mash with crème fraîche and 1 TBSP plain butter (2 TBSP for 4 servings) until smooth and creamy, adding splashes of reserved potato cooking liquid as needed.
- Stir in remaining chives and season with salt and pepper. Cover to keep warm.



# **3 ROAST & SOFTEN**

- While potatoes cook, cut broccoli florets into bite-size pieces if necessary. Toss broccoli and lemon rounds on a baking sheet with a drizzle of olive oil, salt, and pepper.
- Roast on top rack until broccoli is golden brown and crispy, 15-20 minutes.
   Carefully toss with half the lemon zest.
- Meanwhile, place garlic herb butter in a small microwave-safe bowl; microwave until just softened,
   5-10 seconds.



#### **5 COOK LOBSTER**

- Heat same pan over medium-high heat. Add lobster tails cut sides up with a splash of water. Cover pan and cook until lobster is slightly opaque and almost cooked through, 3 minutes.
- Uncover pan and add half the softened garlic herb butter (save the rest for serving); spoon melted butter over lobster until meat is opaque and cooked through, 1 minute more.
- Stir in reserved chives and remaining lemon zest; season with salt and pepper.



## 6 FINISH & SERVE

- Thinly slice steak against the grain.
   Using a chef's knife, halve lobster tails lengthwise. TIP: If you don't have a chef's knife, use a large, sharp knife.
- Divide steak, lobster, potatoes, and broccoli and lemon rounds between plates. Dollop steak with remaining softened garlic herb butter. Spoon any melted garlic herb butter from pan over lobster. Cut remaining lemon into wedges; serve on the side.

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