

GARLIC HERB BUTTER STEAK & LOBSTER TAILS

with Lemony Broccoli & Chive Roasted Potatoes



PREP: 10 MIN COOK: 40 MIN CALORIES: 980

15



SHELL YEAH!

Work carefully and cut slowly in Step 1 to make sure you only slice through the lobster shells, not the meat. You'll thank yourself come dinnertime!

BUST OUT

• Paper towels

- Zester
- Kitchen shears Large pan
- Baking sheet
 Aluminum foil
- Small bowl
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp)
- Olive oil (1 tsp | 1 tsp)

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*Lobster is fully cooked when internal temperature reaches 145°. *Steak is fully cooked when internal temperature reaches 145°.



1 PREP

- Adjust rack to top position and preheat oven to 425 degrees. **Wash and dry produce.**
- Dice potatoes into ½-inch pieces. Mince chives; reserve 1 tsp (2 tsp for 4 servings) for Step 5 (save the rest for serving). Zest and halve lemon; slice half into ¼-inchthick rounds.
- Using kitchen shears, cut along underside of each lobster* shell, leaving meat intact and stopping at tail; pull sides of shell apart to expose meat (do not remove meat from shell).



2 ROAST POTATOES

- Toss **potatoes** on one side of a baking sheet with a **drizzle of oil**, **salt**, and **pepper**.
- Roast on top rack for 5 minutes (you'll add more to the baking sheet then).



3 ROAST & SOFTEN

- While potatoes cook, cut **broccoli florets** into bite-size pieces if necessary.
- Once potatoes have roasted 5 minutes, carefully toss broccoli and lemon rounds on empty side of same sheet with a drizzle of olive oil, salt, and pepper.
- Roast on top rack until broccoli is golden brown and crispy, 15-20 minutes. Carefully toss with **half the lemon zest**.
- Meanwhile, place **garlic herb butter** in a small microwave-safe bowl; microwave until just softened, 5-10 seconds.

4 COOK STEAK

- Pat steak* dry with paper towels; season all over with half the Steak Spice (all for 4 servings), salt, and pepper.
- Heat a drizzle of oil in a large, preferably nonstick, pan over medium-high heat. Add steak and cook to desired doneness, 5-7 minutes per side.
- Turn off heat; transfer steak to a cutting board and cover loosely with foil. Wipe out pan.



5 COOK LOBSTER

- Heat same pan over medium-high heat. Add lobster tails, cut sides up, with a splash of water. Cover pan and cook until lobster is slightly opaque and almost cooked through, 3 minutes.
- Uncover pan and add half the softened garlic herb butter (save the rest for serving); spoon melted butter over lobster until meat is opaque and cooked through, 1 minute more.
- Stir in **reserved chives** (you'll use the rest for serving) and **remaining lemon zest**; season with **salt** and **pepper**. Turn off heat; transfer lobster tails to cutting board.



6 FINISH & SERVE

- Thinly slice steak against the grain. Using a chef's knife, halve lobster tails lengthwise.
 TIP: If you don't have a chef's knife, use a large, sharp knife.
- Toss potatoes with remaining chives.
- Divide steak, lobster, potatoes, broccoli, and lemon rounds between plates. Dollop steak with remaining softened garlic herb butter. Spoon any sauce from pan over lobster. Cut remaining lemon into wedges; serve on the side.