# GARLIC HERB BUTTERED SIRLOIN STEAK

with Crispy Parmesan Potatoes and Roasted Baby Broccoli



# HELLO =

### PARMESAN POTATOES

When you roast potatoes with cheese on top, they're as warm, comforting, and crisp as can be.



Parmesan Cheese Baby Broccoli





PREP: 10 MIN TOTAL: 40 MIN CALORIES: 710

(Contains: Milk)

Red Potatoes

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Garlic

### START STRONG =

Make it a true family feast: let kids help with tasks like seasoning and adding the cheese to the potatoes, rubbing the steak, and plating the finished dish.

#### BUST OUT =

- Large bowl
- Baking sheet
- Paper towel
- Large pan
- Aluminum foil
- Vegetable oil (5 tsp)

#### INGREDIENTS =

Ingredient 4-person

Baby Broccoli
Red Potatoes
Parmesan Cheese
Garlic
Sirloin Steak
Garlic Herb Butter
T2 oz
Qup
Cup
Cloves
Sirloin Steak
TBSP

Pair this meal with a HelloFresh Wine



HelloFresh.com/Wine

matching this icon.





Wash and dry all produce. Adjust rack to upper position and preheat oven to 450 degrees. Trim bottom ends from baby broccoli stalks. Halve any thick stalks lengthwise, then cut baby broccoli into pieces 2-3 inches long. Halve potatoes, then place in a large bowl and toss with a drizzle of oil; season with salt and pepper.



Around the time that potatoes have roasted 5 minutes, heat a large drizzle of oil in a large pan over medium-high heat. Add steak and cook until nicely browned on surface and center reaches desired doneness, 3-6 minutes per side. Transfer to a plate or cutting board, loosely cover with aluminum foil, and let rest until ready to serve. Pour out any excess oil in pan and wipe out any burnt bits.



2 ROAST POTATOES
Arrange potatoes cut-side down
on a baking sheet. Roast on upper rack
until just beginning to turn tender, 10-15
minutes. Remove potatoes from oven
and flip on sheet. Sprinkle evenly with
Parmesan. Return to oven and continue
roasting until potatoes are fully roasted
and cheese is crisp and browned, 8-10
minutes.



Heat pan used for steak over medium heat. Add baby broccoli and 2 TBSP water. Cover pan and let steam 3 minutes. Uncover and increase heat to medium high. Add sliced garlic and a large drizzle of oil. Cook, tossing occasionally, until baby broccoli is browned and tender, 3-6 minutes more. Season with salt and pepper.



SEASON STEAK
While potatoes roast, thinly slice 3
cloves garlic; halve remaining clove. Pat
steak dry with a paper towel, then rub
all over with halved garlic clove. Season
all over with plenty of salt and pepper.



FINISH AND SERVE Divide steak between plates and dollop with garlic herb butter. Add broccoli and potatoes to the side. TIP: If any Parmesan fell onto the sheet while baking, sprinkle it over the potatoes.

## FRESH TALK=

If you were a chef, what type of restaurant would you work at?