



Good Chop Grass-Fed Beef Bundle

Nutrition Facts	100% Grass-Fed Filet Mignon	100% Grass-Fed Ground Beef	100% Grass-Fed Bavette Steak	100% Grass-Fed Ranch Steak
servings per container	2	8	4	2
Serving size	6 oz (170g)	4 oz (113g)	6 oz (113g)	8 oz (227g)
Amount per serving				
Calories	270	280	260	400
	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	12g 15%	22g 28%	12g 15%	24g 31%
Saturated Fat	4.5g 23%	8g 40%	4.5g 23%	9g 45%
Trans Fat	0g	1.5g	0g	1g
Cholesterol	110mg 37%	80mg 27%	110mg 37%	150mg 50%
Sodium	95mg 4%	75mg 3%	90mg 4%	170mg 7%
Total Carbohydrate	0g 0%	0g 0%	0g 0%	0g 0%
Dietary Fiber	0g 0%	0g 0%	0g 0%	0g 0%
Total Sugars	0g	0g	0g	0g
Includes Added Sugars	0g 0%	0g 0%	0g 0%	0g 0%
Protein	38g	19g	36g	43g
Vitamin D	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%
Calcium	50mg 4%	20mg 2%	40mg 4%	10mg 0%
Iron	3mg 15%	2mg 10%	3mg 15%	5mg 30%
Potassium	580mg 10%	304mg 6%	567mg 10%	699mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.