

INGREDIENTS

2 PERSON | 4 PERSON





Tomato





6 oz | 12 oz

Spaghetti Contains: Wheat

2 TBSP | 4 TBSP

Cream Cheese Contains: Milk

Scallions



1 tsp | 2 tsp Dried Oregano



Veggie Stock Concentrates



5 oz | 10 oz





Spinach



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!



HelloCustom

If you chose to modify your meal, follow the **HelloCustom** instructions on the flip side of this card.



10 oz | 20 oz Chicken Cutlets



10 oz | 20 oz Barramundi Contains: Fish



Galories: 730

GREEK DINER SPAGHETTI WITH FETA

Topped with Spinach, Tomato, Scallions & Dill



PREP: 10 MIN COOK: 25 MIN CALORIES: 550



HELLO

DILL

Feathery textured herb with a fresh, grassy flavor

A STEP AHEAD

Master multitasker? Once you get your spaghetti cooking in Step 2, heat up the pan for making the sauce to save yourself a few minutes on the stove.

BUST OUT

- · Large pot
- Large pan (or
- Strainer
- 2 large pans) 🕏 🤄 • Paper towels 😉 😉
- Kosher salt
- Black pepper
- Olive oil (2 tsp | 2 tsp)
- Cooking oil (1 tsp | 1 tsp) 😉 😉

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- \$*Chicken is fully cooked when internal temperature
- (a) *Barramundi is fully cooked when internal temperature



1 PREP

- Bring a large pot of salted water to a boil. Wash and dry produce.
- · Peel and mince or grate garlic. Trim and thinly slice scallions, separating whites from greens. Mince dill. Dice tomato into ½-inch pieces. Quarter lemon.



3 MAKE SAUCE

- Meanwhile, heat a drizzle of olive oil in a large pan over mediumhigh heat. Add garlic, scallion whites, oregano, salt, and pepper. Cook, stirring, until fragrant and slightly softened, 1 minute.
- Reduce heat to medium; stir in stock concentrates, cream cheese, half the dill, half the feta, and 1/3 cup pasta cooking water (1/2 cup for 4 servings). (Ladle straight from the pot if pasta hasn't finished cooking yet.) Cook, stirring and smashing feta with the back of a spoon or spatula, until sauce is creamy and thickened, 2-3 minutes.
- Stir in tomato and spinach (add in batches if necessary). Cook, stirring, until tomato is softened and spinach is wilted, 2-3 minutes. Taste and season with salt and pepper. Remove from heat.



- Once water is boiling, add **spaghetti** to pot. Cook, stirring occasionally, until al dente, 9-11 minutes. Reserve 1 cup pasta cooking water (11/2 cups for 4 servings), then drain.
- While pasta cooks, pat chicken* or barramundi* dry with paper towels; season with salt and pepper. Heat a drizzle of oil in a large, preferably nonstick, pan over medium-high heat. Add chicken or barramundi to hot pan. Cook chicken until browned and cooked through, 3-5 minutes per side, or cook barramundi until opaque and cooked through, 4-6 minutes per side.



4 FINISH & SERVE

- To pan with sauce, stir in spaghetti, a drizzle of olive oil, a squeeze of lemon juice, and as much remaining dill as you like; toss until thoroughly coated. TIP: If needed, add another drizzle of olive oil and reserved pasta cooking water a splash at a time until pasta is thoroughly coated in sauce.
- Divide pasta between bowls; top with scallion greens and remaining feta. Serve with any remaining lemon wedges on the side.
- Slice chicken crosswise. Serve chicken or barramundi atop pasta.