HERBED SIRLOIN STEAK

over Orzo Caprese Salad



HELLO ORZO CAPRESE

A pasta salad with a tricolor trifecta of mozzarella, tomatoes, and basil



Heirloom Grape Tomatoes

Parsley



Fresh Mozzarella (Contains: Milk)



Garlic



Orzo



Sirloin Steak



Herbs de Provence



Balsamic Vinegar

PREP: 10 MIN TOTAL: 30 MIN

CALORIES: 760

6/7/17 3:19 PM 26.7 Seared Sirloin Steak_FAM_NJ.indd 1

START STRONG

To wash parsley (and other leafy greens), dunk 'em in a bowl of water and give 'em a shake. Make sure to pat them dry with a paper towel before using.

BUST OUT

- Large pot
- Strainer
- Large pan
- Paper towel
- Baking sheet
- Olive oil (1 TBSP)

Balsamic Vinegar



Ingredient 4-person

Heirloom Grape Tomatoes	8 oz
• Parsley	1⁄4 oz
• Fresh Mozzarella	8 oz
• Garlic	4 Cloves
• Orzo	12 oz
Sirloin Steak	24 oz
Herbs de Provence	2 tsp

2 TBSP

HELLO WINE



PAIR WITH
Chulengo Chilean
Cabernet Reserva, 2015

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Wash and dry all produce. Preheat oven to 400 degrees. Bring a large pot of salted water to a boil. Cut tomatoes into quarters. Pick leaves from parsley; discard stems. Roughly chop leaves. Cut mozzarella into ½-inch cubes. Mince or grate garlic.



2 BOIL PASTA
Once water is boiling, add orzo to pot. Cook, stirring occasionally, until al dente, 9-11 minutes. Drain.



SEAR AND ROAST STEAK
Heat a drizzle of olive oil in a large
pan over medium-high heat. Pat steak
dry with a paper towel, then season
all over with herbs de Provence, salt,
and pepper. Add to pan and cook until
browned, 2-3 minutes per side. Transfer
to a baking sheet. Roast in oven to
desired doneness, 7-10 minutes.

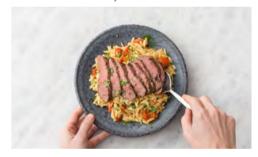


COOK GARLIC AND TOMATOES

Heat another drizzle of **olive oil** in same pan over medium heat. Add **garlic** and cook until fragrant, about 30 seconds. Add **tomatoes** and cook until slightly softened, 1-2 minutes.



TOSS PASTA SALAD
Add orzo, mozzarella, balsamic
vinegar, a drizzle of olive oil, and ¾
of the parsley to pan. Stir to combine.
Season with salt and pepper.



FINISH AND PLATE
Let steak rest a few minutes after removing from oven, then thinly slice against the grain. Divide pasta salad between plates and top with steak.
Garnish with remaining parsley and serve.

BELLISSIMO!

Have leftover pasta salad? It'll make a great lunch the next day.

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