

HALL OF FAME

HONEY-GLAZED PORK TENDERLOIN

with Roasted Potatoes and Broccoli



HELLO -

HALL OF FAME

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!







Dried Thyme



Honey

Yukon Gold Potatoes



Broccoli Florets

Chicken Stock Concentrates

PREP: 10 MIN TOTAL: 30 MIN CALORIES: 550

Pork Tenderloin

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START STRONG

Before heating the pan again in step 5, whisk together stock concentrates, honey, and water directly in a measuring cup. This'll yield a glossier glaze (and save you the trouble of opening packets and measuring when you already have ingredients on the stove).

BUST OUT

- 2 Baking sheets Kosher salt
- Paper towels
- Black pepper
- Large pan

Dried Thyme

- Vegetable oil (1 TBSP | 1 TBSP)
- Olive oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

• Yukon Gold Potatoes 12 oz | 24 oz

Pork Tenderloin*
 12 oz | 24 oz

Garlic 2 Cloves 2 Cloves

Broccoli Florets 8 oz | 16 oz

Broccoli Florets
 8 oz | 16 cm

Chicken Stock Concentrates
 2

• Honey 2 tsp | 4 tsp

* Pork is fully cooked when internal temperature reaches 145 degrees.

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.





1tsp | 1tsp





Adjust racks to top and middle positions and preheat oven to 450 degrees. Wash and dry all produce. Dice potatoes into ½-inch pieces. Toss on a baking sheet with a drizzle of oil, salt, and pepper. Roast on top rack,

tossing halfway through, until lightly browned and tender, 20-25 minutes.



ROAST PORK AND BROCCOLI

Transfer **pork** and **broccoli** to middle rack; roast until pork is cooked through and broccoli is tender, 10-12 minutes for pork and 12-15 minutes for broccoli. Once pork is done, transfer to a cutting board to rest while broccoli finishes. Thinly slice pork crosswise.



2 SEAR PORK AND PREP
Meanwhile, pat pork dry with paper
towels; season all over with salt and
pepper. Heat a drizzle of oil in a large
pan over medium heat. Add pork and
sear, turning occasionally, until browned
all over, 4-8 minutes. While pork cooks,
mince 1 clove garlic (2 cloves for 4
servings). Once browned, transfer pork
to one side of a second baking sheet.



Heat a drizzle of oil in pan used for pork over medium heat. Add garlic and thyme; cook until fragrant, 20-30 seconds. Stir in stock concentrates, honey, and ¼ cup water (½ cup for 4 servings). Simmer, scraping up any browned bits from bottom of pan, until reduced by half, 3-4 minutes. Stir in 1 TBSP butter (2 TBSP for 4) until melted. Season with salt and pepper. TIP: If glaze seems too thick, stir in a splash or two of water.

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Toss BROCCOLI
Toss broccoli with a drizzle of olive
oil and a pinch of salt and pepper on
opposite side of baking sheet from pork.



SERVEDivide **pork**, **broccoli**, and **potatoes** between plates. Drizzle pork
with **glaze** and serve.

MAKE IT ZING

Have a lemon on hand? Add a squeeze of lemon juice over your finished dish for a bright bite.

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