

HOT HONEY CHICKEN

with BBQ-Roasted Potatoes and Buttery Broccoli



HELLO HOT HONEY

A sweet-and-spicy condiment that will satisfy heat-lovers

PREP: 10 MIN TOTAL: 35 MIN CALORIES: 660



Yukon Gold Potatoes

BBQ Seasoning



Panko Breadcrumbs



Sour Cream (Contains: Milk)



Hot Honey



Chicken Breasts



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START STRONG

No microwave? No problem! Melt the butter in a small pan in step 2. In step 5, you can boil the broccoli in a medium pot of salted water until tender, 2-4 minutes. Drain, then toss with butter as instructed.

BUST OUT

- 2 Baking sheets Plastic wrap
- Medium bowl
- Kosher salt
- Paper towels
- Black pepper
- Large bowl
- Olive oil (1 TBSP | 1 TBSP)
- Vegetable oil (1 tsp | 1 tsp)
- Butter (2 TBSP | 3 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

 Yukon Gold Potatoes 12 oz | 24 oz

· Sweet 'n' Smoky BBQ Seasoning

• Panko Breadcrumbs Chicken Breasts*

1/2 Cup | 1 Cup 12 oz | 24 oz

1 TBSP | 2 TBSP

2 TBSP | 4 TBSP

 Sour Cream · Broccoli Florets

8 oz | 16 oz

Hot Honey

³⁄₄ oz | 1½ oz

* Chicken is fully cooked when internal temperature reaches 165 degrees.

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.









PREP Adjust racks to top and middle positions and preheat oven to 425 degrees. Wash and dry all produce. Dice **potatoes** into ½-inch pieces. Toss on a baking sheet with a drizzle of olive oil, half the BBQ Seasoning, pepper, and a large pinch of **salt**. Set aside.

ROAST CHICKEN

Place sheet with **chicken** on middle rack

Bake, tossing potatoes halfway through,

potatoes are crisp, 20-25 minutes. TIP: If

potatoes finish first, remove from oven

and continue baking chicken until done.

and sheet with **potatoes** on top rack.

until chicken is cooked through and





STEAM BROCCOLI Meanwhile, cut any large **broccoli florets** into bite-size pieces. Place in a large, microwave-safe bowl with 1 tsp water. Cover bowl with plastic wrap and poke a few holes in wrap. Microwave until broccoli is tender, about 2 minutes. Carefully remove plastic wrap (watch out for steam). Drain any water left in bowl, then toss broccoli with 1 TBSP butter until melted. Season with salt and pepper.



COAT CHICKEN Pat **chicken** dry with paper towels: season all over with **salt** and **pepper**. Lightly oil a second baking sheet and place chicken on it. Evenly spread **sour cream** onto tops of chicken breasts, then sprinkle with panko mixture, pressing to adhere (no need to coat the underside).



SERVE Divide chicken, potatoes, and broccoli between plates. Drizzle chicken with **hot honey** to taste.

HOT STUFF!

Hot honey is tasty on meat and veggies—you can make your own with honey and chili flakes.

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