



ITALIAN SAUSAGE AND VEGGIE SKEWERS

over Cheesy Herbed Orzo



HELLO
MEDITERRANEAN SPICE

Herby oregano and mint mingle with tangy sumac.

PREP: 10 MIN | **TOTAL: 35 MIN** | **CALORIES: 870**

- Garlic
- Zucchini
- Lemon
- Orzo Pasta
(Contains: Wheat)
- Mediterranean Spice Blend
- Red Onion
- Grape Tomatoes
- Sweet Italian Sausage
- Parsley
- Italian Cheese Blend
(Contains: Milk)

START STRONG

If you can't fit all of the sausage or veg onto the skewers, broil the remainder directly on your baking sheet or carefully add them to the grill.

BUST OUT

- Wide bowl
- Medium pot
- Medium bowl
- Baking sheet
- Olive oil (4 tsp)

INGREDIENTS

Ingredient 4-person

- Wooden Skewers 8
- Garlic 2 Cloves
- Red Onion 1
- Yellow Squash 2
- Grape Tomatoes 8 oz
- Lemon 2
- Orzo Pasta 12 oz
- Mediterranean Spice Blend 2 TBSP
- Sweet Italian Sausage 18 oz
- Parsley ½ oz
- Italian Cheese Blend 1 Cup

HELLO WINE



PAIR WITH

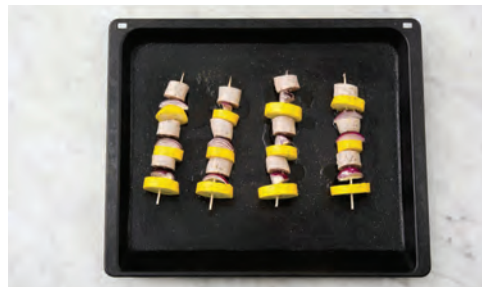
Tornambe Piedmont
Barbera d'Asti, 2014

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1 PREHEAT AND PREP

Wash and dry all produce. Preheat broiler or grill to high. Place **skewers** in a wide bowl, cover with water, and let soak. Mince **garlic**. Halve and peel **onion**, then cut each half into four quarters. Slice **squash** crosswise into ½-inch-thick rounds. Halve **tomatoes**. Halve one **lemon**; cut other lemon into wedges.



4 COOK SKEWERS

Place **skewers** on a baking sheet. Broil until everything is lightly charred and veggies are tender, about 5 minutes per side. **TIP:** If grilling, place skewers on grates directly over flame and cook 5 minutes per side.



2 COOK ORZO

Heat a large drizzle of **olive oil** in a medium pot over medium-high heat. Add **tomatoes** and **garlic**. Cook, stirring, until softened, about 2 minutes. Add **orzo** and toss for 1 minute. Pour in **4½ cups water** and a pinch of **salt**. Bring to a boil, then lower heat to medium. Cook, stirring occasionally, until orzo is al dente, about 10 minutes.



5 FINISH ORZO

Roughly chop **parsley**, then stir into **orzo** along with **cheese**, allowing cheese to melt. Season with **salt**, **pepper**, and a squeeze of **lemon**.



3 MAKE SKEWERS

In a medium bowl, toss **squash**, **Mediterranean spice blend**, a pinch of **salt** and **pepper**, and a large drizzle of **olive oil**. Slice **sausage** into ½-inch-thick rounds. Remove **skewers** from water. Thread **squash**, **sausage**, and **onion** onto skewers, alternating between each.



KIDS CAN HELP!



6 PLATE AND SERVE

Divide **orzo** between plates, then top with **skewers**. Serve with **lemon wedges** on the side for squeezing over.

FIRE IT UP!

This grilling recipe takes pasta night to the great outdoors.

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