

JUICY LUCY BURGER with Tomato Onion Jam and Sweet Potato Wedges



HELLO -**TOMATO ONION JAM**

Upgrade your burger toppings with something silky and sweet. Roma Tomato





Brioche Buns Wheat, Milk, Eggs)







PREP: 10 MIN TOTAL: 40 MIN CALORIES: 980 Red Onion

Balsamic Vinegar Cheddar Cheese (Contains: Milk)

Mayonnaise (Contains: Eggs)

Sweet Potatoes

Ketchup

Sour Cream (Contains: Milk)

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START STRONG

It's OK if you don't perfectly stuff the cheese inside the burgers. They will still be delicious even if some leaks out.

BUST OUT

- 2 Baking sheets Small bowl
- Aluminum foil
- Large pan
- Medium bowl
- Paper towels
- Vegetable oil (1 TBSP | 2 TBSP)

INGREDIENTS

•	Sugar	(1	tsp	1tsp)
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Ingredient 2-pe	rson 4-person	
Sweet Potatoes	2 4	
• Fry Seasoning	1 TBSP 2 TBSP	
• Garlic	2 Cloves 2 Cloves	
Red Onion	1 1	
• Roma Tomato	1 2	
• Balsamic Vinegar	1 TBSP 2 TBSP	
Ground Beef*	10 oz 20 oz	
Cheddar Cheese	½ Cup 1 Cup	
Brioche Buns	2 4	
 Mayonnaise 	2 TBSP 2 TBSP	
• Sour Cream	2 TBSP 4 TBSP	
• Ketchup	2 TBSP 2 TBSP	

* Beef is fully cooked when internal temperature reaches 160 degrees.







ROAST SWEET POTATOES AND PREP

Adjust rack to top position and preheat oven to 425 degrees. **Wash and dry all produce.** Cut **sweet potatoes** into ½-inchthick wedges. Toss on a baking sheet with a drizzle of **oil**, **salt**, **pepper**, and half the **Fry Seasoning**. Wrap **garlic** in aluminum foil, sealing to make a pouch; place on baking sheet. Roast, flipping potatoes halfway through, until tender and garlic is soft, about 20 minutes. Meanwhile, halve, peel, and thinly slice **onion**. Dice **tomato**.



2 MAKE JAM Heat a drizzle of oil in a large pan over medium heat. Add onion and cook, stirring, until softened, 4-5 minutes. Season with salt and pepper. Stir in tomato, 1 tsp sugar, and 1 TBSP vinegar (2 TBSP for 4 servings—you'll have some left over). Cook, stirring, until soft and jammy, 4-5 minutes. Season with salt and pepper. Turn off heat; remove jam from pan and set aside. Wipe out pan.



Z SHAPE PATTIES

In a medium bowl, combine beef and remaining Fry Seasoning. Divide beef in half and flatten each piece into a wide, roughly ½-inch-thick circle. Divide cheddar between the centers of each circle. Fold edges of meat around cheddar, shaping and sealing to create cheese-stuffed patties. Season all over with salt and pepper.



4 COOK PATTIES Heat a drizzle of **oil** in pan used for jam over medium-high heat. Add **patties** and cook to desired doneness, 3-6 minutes per side.



5 TOAST BUNS AND MAKE SAUCE

While patties cook, halve **buns** and place on a second baking sheet. Toast in oven or toaster oven until golden brown, 2-3 minutes. Once **garlic** is roasted, remove from foil and mash with a fork until smooth. In a small bowl, combine **mayonnaise**, **sour cream**, and roasted garlic. Season with **salt** and **pepper**.





6 FINISH AND SERVE Spread buns with ketchup and a thin layer of sauce. Divide patties between buns and top with tomato onion jam. Divide burgers and sweet potatoes between plates. Serve with remaining sauce on the side for dipping.

Enough cheesy goodness to make your insides melt

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