LEMON-THYME PORK

with Roasted Zucchini and Garlic Herb Rice



- HELLO —

GARLIC HERB BUTTER

Aromatic garlic and a garden's worth of herbs are blended into butter for rich, luxuriant flavor.



Zucchini







Pork Cutlets





Chicken Stock



Garlic Herb Butter Concentrate

PREP: 10 MIN TOTAL: 35 MIN CALORIES: 660

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Jasmine Rice

START STRONG

To prep your thyme in no time, pinch the stem near the top with one hand, then pull down with your other hand against the direction the leaves grow in. The leaves should pop right off!

BUST OUT

- Small pot
- Baking sheet
- Paper towels
- Large pan
- Kosher salt
- Black pepper
- Vegetable oil (2 tsp | 2 tsp)



PREP Adjust rack to top position and preheat oven to 450 degrees. Wash and dry all produce. Trim and halve zucchini lengthwise; cut crosswise into ½-inch-thick half-moons. Quarter lemon. Strip 1 tsp thyme leaves from stems; finely chop leaves.



COOK RICE In a small pot, combine rice, 34 cup water (11/2 cups for 4 servings), and a big pinch of **salt**. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15-18 minutes. Keep covered off heat until ready to serve.



ROAST ZUCCHINI Toss **zucchini** on a baking sheet with a drizzle of oil, salt, and pepper. Roast on top rack, flipping halfway through, until browned and tender, 14-16 minutes. Remove from oven and cover to keep warm.

INGREDIENTS

Ingredient 2-person | 4-person

1 | 2 Zucchini 1 | 2 Lemon Thyme 1/4 oz | 1/4 oz 1/2 Cup | 1 Cup Jasmine Rice 12 oz | 24 oz Pork Cutlets*

 Garlic Herb Butter 2 TBSP | 4 TBSP · Chicken Stock Concentrate 1 | 2

2 TBSP | 4 TBSP Sour Cream



COOK PORK Meanwhile, pat **pork** dry with paper towels; season all over with salt and pepper. Heat a drizzle of oil in a large pan over medium-high heat. Add pork and cook until browned and cooked through, 2-3 minutes per side. Turn off heat; transfer to a plate. Wipe out pan.



MAKE SAUCE Melt half the garlic herb butter in same pan over medium heat. Add **chopped thyme** and cook until fragrant, 20-30 seconds. Stir in stock concentrate and 1/4 cup water (1/3 cup for 4 servings) and bring to a simmer. Once simmering, turn off heat. Stir in sour cream and a squeeze of lemon juice. Season with pepper.



FINISH AND SERVE Fluff **rice** with a fork; stir in remaining garlic herb butter. Taste and season with salt and pepper. Divide rice, **pork**, and **zucchini** between plates. Spoon sauce over pork. Serve with remaining lemon wedges on the side.

* Pork is fully cooked when internal temperature reaches 145 degrees.

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.





FEELIN' HOT-

If you've got some on hand, a pinch of chili flakes for a kick.

sprinkle your finished dish with

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