

"LITTLE EARS" PASTA with Sausage, Broccoli, and Pesto



- HELLO - ORECCHIETTE

Pronounced *oh-reck-ee-ET-tay,* this round pasta's name means "little ears" in Italian.

PREP: 10 MIN TOTAL: 30 MIN CALORIES: 300



coli Orecchiette Pasta (Contains: Wheat)



Sweet Italian

Pork Sausage



Chili Flakes Pa

Parmesan Cheese (Contains: Milk)

Pesto

(Contains: Milk)

START STRONG

This recipe is a great side dish at Thanksgiving dinner—it'll serve about 12 people in smaller portions. But it also works just as well as a main dish for any night, serving 4 people.

BUST OUT

- Large pot
- Strainer
- Large pan
- Olive oil (4 tsp)

Parmesan Cheese



PREP

Wash and dry all produce. Bring a large pot of salted water to a boil. Cut any large broccoli florets into bite-size pieces. Remove sausage from casings.



2 BOIL PASTA Once water is boiling, add orecchiette to pot. Cook, stirring occasionally, until al dente, 9-12 minutes. Carefully scoop out and reserve 1/2 cup pasta cooking water, then drain.



COOK BROCCOLI

Heat a large drizzle of **olive oil** in a large pan over medium heat. Add **broccoli** and **4 tsp water**. Cover and steam 3 minutes. Uncover and increase heat to medium high. Cook, tossing occasionally, until browned and tender, 3-6 minutes more. Season with **salt** and **pepper**. Remove from pan and set aside.



Broccoli
Sweet Italian Pork Sausage
Orecchiette Pasta
Chili Flakes

Pesto
4 oz



Heat another large drizzle of **olive oil** in same pan over medium-high heat. Add **sausage**, breaking up meat into pieces. Cook until crisp at edges and no longer pink, 4-5 minutes. Add a pinch of **chili flakes** (to taste) and cook another 30 seconds. **TIP:** Skip the chili flakes if anyone at your table isn't a fan of spicy heat.



5 Add orecchiette, broccoli, pesto, pasta cooking water, and half the Parmesan to pan. Toss until everything is well-coated and a thick sauce has formed, 1-2 minutes. Season with salt and pepper.



6 PLATE AND SERVE Transfer **pasta mixture** to a serving dish (or serve it straight from the pan). Sprinkle with remaining **Parmesan** and serve, letting everyone help themselves.

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going all the way to Z.

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HELLO WINE

