# **MEATBALLS WITH BULGOGI SAUCE**

plus Roasted Carrots, Ginger Rice & Sriracha Crema



PREP: 10 MIN COOK: 35 MIN CALORIES: 910

HELLO FRESH INGREDIENTS 2 PERSON | 4 PERSON 1 Thumb | 1 Thumb 12 oz | 24 oz Ginger Carrots 2 2 34 Cup | 11/2 Cups Jasmine Rice Scallions 10 oz | 20 oz 1/4 Cup | 1/2 Cup Ground Beef Panko Breadcrumbs Contains: Wheat 2 TBSP | 4 TBSP 4 oz | 8 oz Bulgogi Sauce Sour Cream Contains: Soy, Wheat **Contains: Milk** 1 TBSP | 1 TBSP 1 tsp | 1 tsp Sriracha 🆠 Sesame Seeds

# HELLO

**SRIRACHA CREMA** 

This dynamic condiment adds a cooling kick to our savory-sweet meatballs.

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#### **SPLISH SPLASH**

Splash a little cold water on your hands before shaping the meatballs in step 4. The heat of your hands is what causes the mixture to stick; cooling your hands down will make the beef hold on to itself rather than to you.

#### **BUST OUT**

- Peeler
- 2 Baking sheets
- Small pot
- 2 Large bowls
- Small bowl
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp)

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\* Ground Beef is fully cooked when internal temperature reaches 160°.



## **1 ROAST CARROTS**

- Adjust racks to top and middle positions and preheat oven to 425 degrees. Wash and dry produce.
- Trim, peel, and cut **carrots** on a diagonal into ½-inch-thick pieces. Toss on a baking sheet with a **drizzle of oil** and a **pinch of salt and pepper**.
- Roast on top rack until browned and tender, 20-25 minutes.

## 2 PREP

• While carrots roast, peel and mince or grate **ginger**. Trim and thinly slice **scallions**, separating whites from greens; mince whites.



#### **3 COOK RICE**

- Heat a drizzle of oil in a small pot over medium-high heat. Add half the ginger; cook until fragrant, 1 minute.
- Stir in **rice**, **1¼ cups water** (2¼ cups for 4 servings), and a **pinch of salt**. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to serve.



#### 4 FORM & BAKE MEATBALLS

- While rice cooks, in a large bowl, combine beef\*, scallion whites, panko, remaining ginger, and 1 TBSP bulgogi sauce (2 TBSP for 4 servings). (You'll use the rest of the bulgogi sauce in the next step.) Season with salt (we used ¾ tsp; 1½ tsp for 4) and pepper.
- Form into 1½-inch meatballs and spread out on a second baking sheet.
- Bake on middle rack until browned and cooked through, 14-16 minutes.



#### 5 MAKE CREMA & COAT

- Meanwhile, in a small bowl, combine sour cream with Sriracha to taste.
  Add water 1 tsp at a time until mixture reaches a drizzling consistency.
- Once meatballs are done, gently transfer to a second large bowl; add remaining bulgogi sauce and toss to coat.



# 6 FINISH & SERVE

- Fluff **rice** with a fork; taste and season with **salt** if desired.
- Divide rice between plates and top with carrots, meatballs, and any bulgogi sauce from bowl. Drizzle with Sriracha crema. Garnish with scallion greens and as many sesame seeds as you like. Serve.