



HELLO **SUN-DRIED TOMATOES**

Turn up the flavor with these naturally sweet and tangy gems.



Gnocchi (Contains: Wheat, Milk, Eggs)

Button

Mushrooms





Lemon



Sun-Dried Parmesan Cheese Tomatoes (Contains: Milk)

PREP: 10 MIN TOTAL: 30 MIN

CALORIES: 560

START STRONG

Boil the green beans and gnocchi in the pot until they're just barely done. We'll be cooking them a little more in the pan, so no need to go all the way.

BUST OUT

- Large pot
- Large pan
- Slotted spoon
- Strainer
- Olive oil (1 tsp | 2 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person 4-person	
Button Mushrooms	4 oz 8 oz
• Green Beans	6 oz 12 oz
 Sun-Dried Tomatoes 	1½ oz 3 oz
• Lemon	1 1
• Gnocchi	9 oz 18 oz
• Pesto	2 oz 4 oz
Parmesan Cheese	1/4 Cup 1/2 Cup



PREP

Wash and dry all produce. Bring a large pot of salted water to a boil. Trim, then thinly slice mushrooms. Cut green beans into 2-inch pieces. Roughly chop sun-dried tomatoes. Cut lemon into wedges.



2 COOK MUSHROOMS Heat a drizzle of olive oil in a large pan over medium-high heat. Add mushrooms to pan and cook, tossing, until tender, 4-5 minutes. Season with salt and pepper. Remove from pan and set aside.



BLANCH GREEN BEANS Once water is boiling, add **green beans** to pot. Cook until just barely tender, 2-3 minutes. Remove from pot with a slotted spoon, place in a strainer, and rinse under very cold water (keep the pot of boiling water on stove for the gnocchi). Remove green beans from strainer and set aside.



6 Add pesto, sun-dried tomatoes, green beans, half the Parmesan, and mushrooms to pan with gnocchi. Cook, tossing, until combined and warmed through, 1-2 minutes. Season with salt and pepper. Divide between bowls, then sprinkle with remaining Parmesan. Serve with lemon wedges for squeezing over.

- BRILLIANT!

Whether you call them *nyo-kee*, *nyock-ee*, or something else entirely, they're definitely delicious.

BOIL GNOCCHI Add **gnocchi** to same pot of boiling water. Cook, stirring occasionally, until just softened, 2-3 minutes, then drain, tossing gently in strainer to remove excess moisture.



5 BROWN GNOCCHI Melt **1 TBSP butter** in pan used for mushrooms over medium-high heat. Add **gnocchi** to pan and cook, tossing, until lightly browned, 3-5 minutes.

HELLO WINE PAIR WITH Mareas Chilean Carménère, 2017 HelloFresh.com/Wine



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